

**Courageous Caregiver
Conference**

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2207 Gateway Drive
Opelika, AL 36801

*Courageous Caregiver
Conference*



Monday, October 30, 2017
Opelika Sportsplex
1001 Andrews Road
Opelika, AL 36801
8:00 AM—3:00 PM

7:45AM—8:15AM

Registration &
Continental
Breakfast

8:15AM—9:15AM

Caregiver Legal Issues
Jan Neal,
Attorney at Law

9:15AM—9:45AM

Vendor Break

9:45AM—10:30AM

Helping Those Who Care
with Assistive Technology
Ashley Prater,
Alabama Respite

10:30AM—11:00AM

Vendor Break

11:00AM—11:30AM

Recognizing “Pre-Grieving
Process”
Jenny Filush-Glaze,
Hospice Compassus of
EAMC

11:30AM—11:45AM

Break

11:45AM—12:30PM

Lunch
Keynote Speaker,
Daphne Simpkins

12:30PM—1:00PM

“What is Respite?”
Panel Presentation

1:00PM—1:30PM

Vendor Break

1:30PM—2:00PM

Caregiver “Self-Care”
Donna Johnson

2:00PM—2:30PM

Conclusion &
Evaluations

Keynote Speaker Daphne Simpkins



Veteran caregiver and writer Daphne Simpkins has been writing about life in the South for about thirty years and sometimes those stories involved the adventure of caregiving for her father, who developed Alzheimer’s. After publishing that first memoir about my caregiving experience **The Long Good Night**, I found I had something else to say about what the experience ultimately meant to me, and so I wrote **What AI Left Behind**, a short collection of essays about the changed perspective that AI (Alzheimer’s) produces in the surviving caregiver.” Her work has appeared in **CAREGIVER** magazine, **The Chicago Tribune**, **The Christian Courier**, **The Christian Century**, **Evangel**, **The Baltimore Sun**, **Tropic Magazine**, and dozens of other periodicals.

In addition to speaking about caregiving at churches, senior citizen centers and for various mental health organizations, Daphne has been a three-time speaker for the Alabama Assisted Living Association and is a member of the Alabama Humanities Speakers Bureau. She was named by **Mosaic Magazine** in 2013 as one of the five top speakers in the state of Alabama.

Courageous Caregiver Registration Form

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Email: _____

____ I would like respite care for
my loved one while I attend CCC.

*Respite confirmation and
reservations for **Lee & Russell
County** call **Leisa Askew** by
10/6/2017. T : (334) 528-9215

*Respite confirmation and
reservations for **Macon & Bullock
County** call **Mary Wedgeworth**
by **10/6/2017**.
T: (334) 244-6903 E: 148

Mail registration form to:

Leisa Askew

2207 Gateway Drive

Opelika, AL 36801

Breakfast Provided By:

Synergy HomeCare of East Alabama

Box Lunches are available for guest
who pre-register by 10/16/2017.