

# Senior Resource Directory

Lee-Russell Council of Governments Area Agency on Aging



**LEE-RUSSELL**  
COUNCIL OF GOVERNMENTS

SERVING SENIORS AND INDIVIDUALS WITH DISABILITIES IN LEE AND RUSSELL COUNTIES OF ALABAMA

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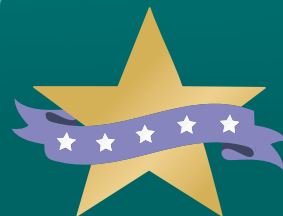
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COUNCIL OF GOVERNMENTS



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The Senior Resource Directory is produced by Lee-Russell Council of Governments Area Agency on Aging and Jsmithdesign. The information contained in this publication is provided for informational purposes only and is based on sources believed to be reliable at the time of publication. As a directory of businesses and institutions whose information may change at any time, no representations or warranties regarding the accuracy, completeness, or timeliness of the information herein are made and the publishers shall not be liable for any errors, omissions, or damages arising from the use of this information.



**Lee-Russell Council  
of Governments**

2207 Gateway Drive  
Opelika, AL 36801

334-749-5264 or  
1-800-AGE-LINE

[www.lrcog.com](http://www.lrcog.com)

# Your Area Agency On Aging

■ The Lee-Russell Council of Governments Area Agency on Aging is part of a state-wide aging network that provides a variety of home and community based services to seniors and those living with disabilities and their caregivers in Lee and Russell Counties.

The Lee-Russell Council of Governments (LRCOG) is pleased to serve and provide assistance and benefits to seniors and those living with disabilities and their caregivers in Lee and Russell Counties.

**AGING AND DISABILITY RESOURCE CENTER (ADRC)**

The Aging and Disability Resource Center assists seniors and individuals with disabilities, their families, and caregivers by connecting them to social service and health care resources. Individuals may work with an ADRC specialist in person or by phone.

The ADRC can help provide access to options such as counseling, long term care support, assistance with program applications and more.

**ALZHEIMER'S AND CAREGIVERS SUPPORT GROUP**

Monthly meetings for professional caregivers, family caregivers, and personal caregivers are provided for those who have loved ones with Alzheimer's disease, dementia, or other chronic diseases. The support group provides emotional support, information and education. Call 334-749-5264 for location and times.

**ALABAMA CARES**

Alabama Cares is a program designed to support family caregivers by providing training, assistance, and resources to help them take care of their aging loved ones and themselves.

Services Provided:

- Information on local resources
- Counseling
- Homemaker and personal care services
- Respite care
- Supplemental services for caregivers

**LEGAL ASSISTANCE**

Representation and/or consultation for persons over the age of 60 in the areas of:

- Social Security
- SSI
- Medicare/Medicaid
- Durable Power of Attorney
- Estate Planning
- Guardianship/Conservatorship Defense
- Long-Term Care Planning
- Retirement Planning
- Elder Abuse



**SENIORX**

Alabama SenioRx is a program designed to assist seniors with applying for free or discounted medications that are offered by pharmaceutical companies. SenioRx is also able to assist persons of any age that have received a letter stating that they qualify for disability and are in the waiting period of 24 months for prescription drug coverage.

If a person has prescription insurance in their job or has a Medicare Part D plan that does not cover the medication needed, or if the co-pay is too expensive, SenioRx can possibly help with that medication.

**OMBUDSMAN**

The Ombudsman investigates complaints and answers questions from residents and their families concerning care in nursing homes, domiciliary, and other long-term care facilities. This program is part of Alabama's continuing effort to improve conditions for seniors in long-term care facilities. The Ombudsman is available to help family members make decisions about long-term care. The Ombudsman is also available for



## Your Area Agency On Aging

speaking engagements to discuss long-term care options. Volunteers are welcome.

Areas in which the Ombudsman may assist:

- Resident Care
- Long Term Care Counseling
- Billing Problems
- Lost/stolen items
- Suspected Abuse
- Facility Problems
- The overall wellbeing of clients and residents in a long-term care facility

### STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

SHIP counselors are committed to helping Medicare beneficiaries make informed choices regarding insurance benefits. Counselors are not affiliated with any insurance company and will not attempt to sell insurance. All counseling records are strictly confidential.

Areas of assistance:

- Medicare Benefits
- Medicare Prescription Drug Plan Option
- Supplemental Insurance (Medicap)
- Long Term Care Insurance Options
- Medicare Claims and Appeals

### ALABAMA COMMUNITY TRANSITION (ACT) WAIVER

The Alabama Community Transition Waiver serves individuals with disabilities or long-term care illnesses who currently reside in an institution and who desire to transition to the home or community setting.

Alabama Community Transition (ACT) may provide:

- Case Management
- Assistive Technology
- Home Delivered Meals
- Skilled Nursing (upon availability)

- Home Modifications (upon approval)
- Transitional Assistance
- Homemaker Services
- Personal Care Services
- Respite Care
- Personal Assistance
- Adult Companion Services
- Medical Equipment
- Supplies and Appliances
- Personal Emergency Response Systems

### ELDERLY AND DISABLED MEDICAID WAIVER PROGRAM

The Elderly and Disabled Medicaid Waiver Program enables eligible blind, elderly, and disabled persons to receive care in their homes and avoid or delay their move to an institution.

Elderly and Disabled Medicaid Waiver may provide:

- Case Management
- Assistive Technology
- Home Delivered Meals
- Skilled Nursing (upon availability)
- Home Modifications (upon approval)
- Homemaker Services
- Personal Care Services
- Respite Care
- Personal Assistance
- Adult Companion Services
- Medical Equipment
- Supplies and Appliances
- Personal Emergency Response Systems

### T3 HOMEMAKER PROGRAM

Applicants must be 60 or older and need assistance with Activities of Daily Living. Applicants must be screened to receive assistance. T3 Homemaker services include light housekeeping.

### HOME DELIVERED MEALS

Recipients of the Home Delivered Meals program must be at least 60 years old and homebound. Applicants will be screened by the agency to determine their qualification. The program provides frozen meals delivered weekly.

### TECHNOLOGY ASSISTED WAIVER (TA WAIVER)

The Technology Assisted Waiver serves individuals who were receiving private duty nursing services through the Early Periodic Screening, Diagnosis, and Treatment Program upon turning 21 and for whom private duty nursing continues to be medically necessary based upon approved private duty nursing criteria.

TA Waiver may provide:

- Private duty nursing
- Personal Care/Attendant Services
- Medical Supplies
- Assistive Technology

### SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM

Senior Community Service Employment Program (SCSEP) provides subsidized, part-time employment opportunities in community service employment and training for low-income persons age 55 and older.

For more information call the toll-free SCSEP help line at 1-877-872-5627 or call Lee Russell Council of Governments at 334-749-5264.

### SENIOR CENTERS

Senior centers provide a variety of benefits to Lee and Russell County residents. *For a list of senior centers see next section.*



# Senior Centers

■ Senior centers provide a central location in the community for senior services, playing an important role in keeping seniors active. Each senior center is unique to its community and to its seniors' needs, offering a variety of activities. LRCOG supports 9 sites in the region with each site providing a variety of benefits including:

- Social Activities
- Health Counseling
- Nutritious Meals
- Nutrition Education
- Information and Referral
- Consumer Education
- Exercise

## **AUBURN SENIOR CENTER**

Boykin Community Center  
400 Boykin Street  
Auburn, AL 36832  
Phone Number: 334-501-3247

## **BEULAH SENIOR CENTER**

1741 Lee Road 270  
Cusseta, AL 36852  
Phone Number: 334-749-5928

## **CENTRAL SENIOR CENTER**

1500 14th Street  
Phenix City, AL 36867  
Phone Number: 334-298-8582

## **CRAWFORD/LEGACIES SENIOR ACTIVITY CENTER**

5 AL Highway 169 South  
Phenix City, AL 36870  
Phone Number: 334-214-3389

## **HURTSBORO SENIOR CENTER**

9 School Loop  
Hurtsboro, AL 36860  
Phone Number: 334-667-7577

## **OPELIKA SENIOR CENTER**

1103 Glenn Street  
Opelika, AL 36801  
Phone Number: 334-745-2679

## **RUSSELL COUNTY SENIOR CENTER**

540 Highway 165  
Fort Mitchell, AL 36856  
Phone Number: 334-855-0637

## **SMITHS SENIOR CENTER**

3072 Lee Road 242  
Smiths, AL 36877  
Phone Number: 334-297-9101

## **THE FAMILY ENRICHMENT CENTER**

1 Day Lily Street  
Loachapoka, AL 36865  
Phone Number: 334-466-0023



# Emergency & Utility Assistance

■ The Lee-Russell area is a giving community with many businesses, churches, nonprofits and agencies who can help provide support and emergency assistance with food, utilities, rent and other services.

## ALABAMA COUNCIL ON HUMAN RELATIONS

**Address:**

950 Shelton Mill Road  
Auburn, 36830  
(Mailing) P.O. Box 3770  
Auburn, AL 36831-3770

**Phone:**

334-821-8336 (office)  
334-246-5266 (Utility Assistance)

**Fax:**

334-745-4476

**Website:**

[www.achr.com](http://www.achr.com)

**Area Served:**

Lee County

**Services Provided:**

- Head Start/Early Head Start
- Utility Assistance
- Rent Assistance and Housing Counseling
- Child and Adult Care Food Program
- After-School and Summer Care
- Volunteer Opportunities

**Application:**

Programs have eligibility criteria and income guidelines.

## AUBURN UNITED METHODIST CHURCH

**Address:**

137 S Gay Street  
Auburn, AL 36830

**Phone:**

334-826-8800

**Website:**

[www.aumc.net](http://www.aumc.net)

**Area Served:**

Lee County

**Services Provided:**

- Food Pantry  
[Friday morning 8-11 AM]
- Volunteer Opportunities
- Referrals and information on local resources

**Application:**

Call the office for program eligibility and guidelines.

## LEE-RUSSELL COUNCIL OF GOVERNMENTS

**Address:**

2207 Gateway Drive  
Opelika, AL 36801

**Phone:**

334-749-5264 or  
1-800-AGE-LINE

**Website:**

[www.lrcog.com](http://www.lrcog.com)

**Areas Served:**

Lee and Russell County

**Services Provided:**

- Public Transportation
- Various programs and services directed to help and assist disabled and aging residents of Lee and Russell Counties
- Utility Assistance (upon availability)

**Application:**

Call for more information on bus routes and eligibility for transportation as well as requirements for aging and disability programs.

## MACON-RUSSELL COMMUNITY ACTION

**Address:**

1113 2nd Place S.  
Phenix City, AL 36867

**Phone:**

334-727-6100

334-298-6610

**Website:**

www.mrcaa.org

**Area Served:**

Macon and Russell Counties

**Services Provided:**

- Utility and Rent Assistance

**Application:**

Funds are limited; call the office for more information and eligibility guidelines.

**OPELIKA SHARE****Agency:**

The City of Opelika/ The United Way

**Address:**

2133 Executive Park Drive

Opelika, AL 36801

**Phone:**

334-745-5540

**Website:**

www.unitedwayofleecounty.com

**Area Served:**

Residents of Opelika

**Services Provided:**

- Power bill assistance

**Application:**

Residents are screened through the United Way.

**PRESBYTERIAN COMMUNITY MINISTRY****Address:**

143 East Thach Avenue

Auburn, AL 36830

**Phone:**

334-887-3777

**Website:**

www.pcm-al.org

**Area Served:**

Residents of Lee County

**Services Provided:**

- Zero interest loans for utility assistance, rent assistance, emergency home repair

**Application:**

Call the office for more information on eligibility application process.

**THE SALVATION ARMY OF LEE COUNTY****Address:**

1038 Opelika Road

Auburn, AL 36830

**Phone:**

334-826-0073

334-826-0442

**Fax:**

334-502-8091

**Area Served:**

Lee County

**Services Provided:**

- Clothing
- Food Assistance (food pantry open on Wednesdays)
- Furniture

**Application:**

Expenses must exceed income; assistance is provided on an emergency basis.

**ST. MICHAEL'S CATHOLIC CHURCH****Address:**

1100 North College Street

Auburn, AL 36830

**Phone:**

334-887-5540

**Website:**

www.stmichaelsauburn.com/st-vincent-de-paul

**Area Served:**

Residents of Lee County and surrounding areas

**Services Provided:**

- Food assistance -Thursday 9-11
- Must sign up on Thursday-7 emergency bags per year
- Utility assistance-334-332-0305

**Application:**

Call the office for more information on program eligibility and application.



# Home Health, Home Care & Hospice Agencies

■ Home health, home care and hospice services are provided in the home, with coordination of care, to assist seniors and individuals with disabilities in their home. These services are provided by agencies throughout Lee and Russell Counties.

## **ADDUS HEALTHCARE**

**Address:**

100 Interstate Park Drive, Suite 105  
Montgomery, AL 36109

**Phone:**

334-213-7382  
877-214-7382

**Fax:**

334-244-6192

**Website:**

[www.addus.com](http://www.addus.com)

**Area Served:**

Statewide

**Services Provided:**

- Homemaker
- Personal Care
- Unskilled Respite
- Companion Services

**Eligibility:**

Eligible for services by referring agency or private pay

**Application:**

Contact office for more information.

## **AMEDISYS HOME HEALTH CARE**

**Address:**

3320 Skyway Drive, Suite 804  
Opelika, AL 36801

**Phone:**

334-887-7234  
866-610-4127

**Fax:**

334-887-7287

**Website:**

[www.amedisys.com/al/opelika](http://www.amedisys.com/al/opelika)

**Area Served:**

Lee and Russell Counties

**Services Provided:**

- Skilled Nursing
- Home Health Aides
- Physical and Occupational Therapy
- Case Management
- Specialized nursing for diabetes, wound treatment, infusion therapy, etc.

**Eligibility:**

Referred to by a physician

**Application:**

Contact office for more information.

## **ANSWERED PRAYER HOME CARE**

**Address:**

3365 Skyway Drive  
Auburn, AL 36830

**Phone:**

334-467-0023

**Fax:**

334-521-7168

**Website:**

[www.answeredprayerhomecare.com](http://www.answeredprayerhomecare.com)

**Area Served:**

Lee and Russell Counties

**Services Provided:**

- Sitter Services
- Personal Care
- Light Housekeeping
- Transportation for appointments
- Shopping and errands
- Dementia Care
- Medication Management
- Companionship

**Eligibility:**

Contact office personally for services

**Application:**

Contact office for more information.



### CHATTAHOOCHEE HOSPICE INC.

**Address:**

#6 Medical Park North  
Valley, AL 36854

**Phone:**

334-756-8043  
1-800-770-8043

**Fax:**

334-756-8049

**Website:**

[www.chattahoocheehospice.com](http://www.chattahoocheehospice.com)

**Area Served:**

Lee and Russell Counties

**Services Provided:**

End of life care and support for clients and their families

**Application:**

Contact the office for eligibility and information.

### COLUMBUS HOSPICE OF ALABAMA

**Addresses:**

7020 Moon Road  
Columbus, GA 31909  
1200 14th Street Suite D  
Phenix City, AL 36867

**Phone:**

334-664-0075 (Alabama residents)  
706-569-7992 (Georgia residents)  
1-800-950-4244

**Website:**

[www.columbushospice.com](http://www.columbushospice.com)

**Area Served:**

Lee and Russell Counties

**Services Provided:**

- Skilled Nursing
- Home Health Aides
- Case Management
- Specialized Nursing Programs
- Chaplain Services

**Eligibility:**

Clients must have a life expectancy of 6 months or less and be referred by a physician

**Application:**

Contact office for information.

### COMFORT KEEPERS

**Address:**

119-A South 8th Street  
Opelika, AL 36804  
(Mailing) P.O. Box 1527  
Opelika, AL 36803

**Phone:**

334-749-8461

**Fax:**

334-749-8819

**Website:**

[www.comfortkeepers.com](http://www.comfortkeepers.com)

**Area Served:**

Lee and Russell Counties

## Home Health, Home Care & Hospice Agencies

**Services Provided:**

- Companion Services
- Meal Preparation
- Light Housekeeping and Laundry
- Shopping and Errand Services
- Medication Reminders
- Personal Care
- Respite Care

**Eligibility and Application:**

Contact office for information.

**COMPASSUS HOSPICE OF EAMC**

**Address:**

333 Village Ct. Suite B  
Auburn, AL 36830

**Phone:**

334-826-1899

**Fax:**

334-826-0756

**Website:**

www.compassus.com

**Area Served:**

Chambers, Lee, Macon, Randolph,  
Russell, and Tallapoosa Counties

**Services Provided:**

- End of Life Care for Clients at Home or in a Nursing Home
- Bethany House
- Medical Services including RNs and CNAs
- Psycho-social Support for clients and families
- Spiritual Support and Grief Counseling
- Volunteer Opportunities

**Eligibility:**

Referral by physician

**Application:**

Contact office for information.

**EAST ALABAMA SERVICES FOR THE ELDERLY (EASE)**

**Address:**

1300 Commerce Drive  
Auburn, AL 36830

**Phone:**

334-826-5811

**Fax:**

334-826-6468

**Website:**

www.ease-inc.org

**Area Served:**

Lee and Russell Counties

**Services Provided:**

- In-home services for services seniors and disabled individuals
- Transport and companion services
- Foster Grandparent Volunteer Program
- Senior Housing
- Information and referral services

**Eligibility:**

Varies with programs and services

**Application:**

Contact office for eligibility and information.

# Interim H O M E C A R E®

Some of the services we offer:

- Personal Care Services: Bathing, Dressing and Grooming
- Light Housekeeping and Laundry Assistance
- Companionship
- Medication Reminders
- Meal Preparation
- Shopping and Errands
- Memory Care
- After Surgery Care

## There is no place like home.

For more information call us today:

(334) 539-5140

We help enhance independence and quality of life while remaining at home.



We are always looking for compassionate employees to join our team. Give us a call!

## Home Health, Home Care & Hospice Agencies

### ENHABIT HOME HEALTH AND HOSPICE

**Address:**

2312 Center Hills Drive, Suite B  
Opelika, AL 36801

**Phone:**

334-741-9952 [home health]  
334-741-9918 [hospice]

**Fax:**

334-741-9870

**Website:**

www.alacare.com

**Area Served:**

Lee and Macon Counties

**Services Provided:**

- Skilled Nursing
- Home Health Aides
- Hospice Services
- Physical, Speech, and Occupational Therapy
- Case Management
- Nutritional Guidance

- Health and Welfare Counseling
- Information and referrals for resources

**Eligibility:**

Referred to by a physician

**Application:**

Contact the office for more information.

### HOME CARE OF EAST ALABAMA

**Address:**

1661 Shug Jordan Parkway Suite 505  
Auburn, AL 36830

**Phone:**

334-826-3131

**Fax:**

334-821-8894

**Website:**

www.lhcgroup.com

**Area Served:**

Lee, Russell, Macon, Chambers, and Tallapoosa Counties

**Services Provided:**

- Skilled Nursing
- Occupational, Speech, and Physical Therapist
- Home Health Aides
- Dietetics and Nutrition Guidance
- Case Management

**Eligibility:**

Referral and under the care of a physician; clients must be in need of skilled nursing care and be mostly homebound

**Application:**

Contact office for information.

### HOME INSTEAD SENIOR CARE

**Address:**

2011 Executive Park Drive  
Opelika, AL 36801

**Phone:**

334-321-1050  
877-871-2512



# Traveling Angels Nursing Services

Non-Medical Nursing Services for the Elderly and Disabled  
With our service, you will have peace of mind knowing there is help for your loved ones when you can't be there.

***We provide quality care including:***

- Medication Reminders
- Basic Personal Care and Grooming
- Light Housekeeping
- Light Meal Prep
- Companionship
- Grocery Shopping
- Respite Care

To learn more call 334.758.0829 AL / 706.224.8308 GA  
Or visit [www.travelingangelnurses.com](http://www.travelingangelnurses.com)

## Home Health, Home Care & Hospice Agencies

**Fax:**

334-321-1051

**Website:**

www.homeinstead.com/657

**Area Served:**

Lee, Macon, Russell, Tallapoosa, and Chambers Counties

**Services Provided:**

- Companionship
- Meal Preparation
- Light Housekeeping
- Medication Reminders
- Errands and Transportation
- Personal Care
- Memory Care

**Eligibility:**

Private pay and long-term care insurance

**Application:**

Contact office for information.

### IN HOME CARE

**Address:**

P.O. Box 591  
Hurtsboro, AL 36860

**Phone:**

334-667-6394

**Fax:**

334-667-0077

**Office Hours:**

Monday-Friday  
8 AM-4 PM CT

**Area Served:**

Lee and Russell Counties

**Services Provided:**

- Homemaker
- Personal Care
- Unskilled Respite
- Companionship

**Eligibility and Application:**

Contact office for information.

### INTERIM HOME CARE

**Address:**

611 East Glenn Avenue Suite C  
Auburn, AL 36830

**Phone:**

334-539-5140

**Website:**

www.interimhealthcare.com/  
location/auburn-al

**Area Served:**

Lee and Russell Counties

**Services Provided:**

- Personal Care
- Light Housekeeping
- Companionship
- Medication Reminders
- Meal Prep
- Errands and Shopping Services
- After Surgery Care

**Eligibility and Application:**

Contact office for information.

### KIND CARE

**Address:**

233 12th Street  
Columbus, GA 31901

**Phone:**

706-466-8372

**Fax:**

706-400-4411

**Website:**

www.kindcareservices.org

**Area Served:**

Lee and Russell Counties

**Services Provided:**

- Nursing Services
- Light Housekeeping
- Personal Care
- Errands and Shopping Services
- Medication Reminders
- Meal Planning and Cooking

**Eligibility and Application:**

Private pay, long term care insurance, veteran's benefits, workers compensation, Medicare/Medicaid

### KINDRED HOSPICE

**Address:**

1417 Hwy 280 Bypass  
Phenix City, AL 36867

**Phone:**

334-298-8898

**Fax:**

334-298-9535

**Website:**

www.kindredhealthcare.com

**Area Served:**

Barbour, Bullock, Chambers, Lee, Macon, and Russell Counties

**Services Provided:**

- End of Life Care
- Skilled Nursing

- Home Health Aides
- Case Management
- Bereavement Coordinators
- Hospital supplies for the home
- Chaplain Services

**Eligibility:**

Clients must have 6 months or less life expectancy and be referred by a physician

**Application:**

Contact office for information.

### PRIME HOME HEALTH

**Address:**

2125 Executive Park Drive  
Opelika, AL 36801

**Phone:**

334-745-7966

877-349-1663

**Fax:**

334-745-2153

**Website:**

www.primehomehealth.net

**Area Served:**

Lee and Russell Counties

**Services Provided:**

- Skilled Nursing
- CNAs
- Physical, Speech, and Occupational Therapy
- Case Management

**Eligibility and Application:**

Contact office for information.

### PRO HEALTH HOME HEALTH AND HOSPICE

**Address:**

1922 Professional Circle Suite 101  
Auburn, AL 36830

**Phone:**

334-521-8810

**Website:**

www.prohealthgroup.com

**Area Served:**

Lee and Russell Counties

**Services Provided:**

- Skilled Nursing
- End of Life Care

**Eligibility and Application:**

Contact office for information.





# Full support for *fuller lives*

SYNERGY HomeCare services are available for loved ones of all ages. All of our clients receive the highest standard of care. From personal assistance and companionship to 24/7 care and even family caregiver respite, we provide full support for fuller lives.

**Talk to a care specialist today.**

**334-203-1850**

[SYNERGYHomeCare.com](https://www.SYNERGYHomeCare.com)

## OUR SERVICES:

Personal care

Memory care

Bathing, dressing, incontinence care, hygiene, etc.

Hospital-to-home care

Companionship

Medication reminders

Meal preparation

Assistance with special diets

Light housekeeping

Assistance getting ready for the day/night

Fall prevention

Exercise encouragement

Personalized care plans

Transportation to the doctor

Support with running errands



## SYNERGY HomeCare

Locally owned and operated by Scott and Lynn Slocum  
3320 Skyway Drive, Suite 801, Opelika  
Alabama, USA, 36801

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## Home Health, Home Care & Hospice Agencies

### SYNERGY HOME CARE

**Address:**

3320 Skyway Drive Suite 801  
Opelika, AL 36801

**Phone:**

334-203-1850

**Fax:**

334-460-0991

**Website:**

www.synergyhomecare.com

**Area Served:**

Lee, Russell, Tallapoosa, Chambers,  
Bullock, and Macon Counties

**Services Provided:**

- Hospital Discharge Service
- Light Housekeeping
- Personal Care
- Errands and Shopping Services
- Medication Reminders
- Memory Care
- Meal Prep

**Eligibility and Application:**

Private pay, long term care insurance,

veteran's benefits, some private  
insurance policies

### TRAVELING ANGELS NURSING SERVICES

**Address:**

2108 Executive Park Drive  
Opelika, AL 36801

**Phone:**

334-758-0829

**Website:**

www.travelingangelnurses.com

**Area Served:**

Lee and Russell Counties

**Services Provided:**

- Personal Care
- Light Housekeeping
- Companionship
- Medication Reminders
- Light Meal Prep
- Shopping Services
- Respite Care

**Eligibility and Application:**

Contact office for information.

### TREASURE HOME HEALTH CARE SERVICES

**Address:**

284 Columbus Parkway  
Opelika, AL 36801

**Phone:**

334-759-7440

**Area Served:**

Lee and Russell Counties

**Services Provided:**

- Personal Care
- Light Housekeeping
- Companionship
- Medication Reminders
- Light Meal Prep
- Shopping Services
- Respite Care

**Eligibility and Application:**

Contact office for information.

WHEN YOU HAVE EXPERIENCED THE LOSS OF A LOVED ONE, YOU CAN TRUST FREDERICK-DEAN FUNERAL HOME & CREMATORY TO GUIDE YOU THROUGH THE PROCESS OF HONORING THEIR LIFE. WITH OVER 100 YEARS OF EXPERIENCE, WE PRIDE OURSELVES ON SERVING FAMILIES IN OPELIKA AND THE SURROUNDING AREAS WITH DIGNITY, RESPECT, AND COMPASSION.



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334-745-4667 • WWW.FREDERICKDEAN.COM



# Transportation

■ Our region offers a variety of public and private transportation options for seniors and individuals with disabilities.

## ARIGHT RIDE TRANSPORTATION

### Address:

1047 Opelika Road  
Auburn, AL 36831  
(Mailing) P.O. Box 1912  
Auburn, AL 36830-1912

### Phone:

334-209-4848

### Fax:

334-323-7980

### Website:

[www.arightride.com](http://www.arightride.com)

### Transportation Hours:

Monday-Friday  
8 AM-6 PM CT  
Saturday:  
9 AM-5 PM CT

### Area Served:

Lee and Russell Counties

### Services Provided:

- Non-emergency transportation
- Contracts with Medicaid, but accepts all forms of insurance with

proper paperwork

- Accepts cash, money orders, and major credit cards
- Provides transportation to various locations including grocery stores, places of employment, home from the hospital, family events, one way trips, and local airports [min. 2 passengers for airport transportation]

### Rates:

Contact office for rate information

### To Schedule a Ride:

An appointment for transportation can be made online or over the phone.

## GROOME TRANSPORTATION

### Address:

1530 East Glenn Avenue  
Auburn, AL 36830

### Phone:

334-821-3399

### Website:

[www.groometransportation.com](http://www.groometransportation.com)

### Area Served:

Auburn/Opelika area

### Services Provided:

- Atlanta Airport shuttle from Auburn

### To Schedule a Ride:

Call to request more information.

## JOHNSON'S EXPRESS, INC.

### Address:

990 Lee Road 203  
Salem, AL 36874

### Phone:

334-298-3957

After Hours:

334-298-3957

334-214-5407

### Fax:

334-297-1278

### Website:

[www.johnsonsexpressinc.com](http://www.johnsonsexpressinc.com)

## Transportation

### Area Served:

Lee and Russell Counties

### Services Provided:

- Non-emergency transportation
- Drivers are first aid and CPR certified

### Rates:

Contact office for rate information

### To Schedule a Ride:

Call the office to make an appointment. If the office is closed, you may visit the website and submit a trip request. Trip requests must be made 48 hours in advance.

### JUNKINS TRANSPORTATION

#### Address:

6 Leah Court  
Phenix City, AL 36869

#### Phone:

706-505-9217  
334-846-0792

#### Area Served:

Phenix City area

#### Services Provided:

Non-emergency medical transportation

#### To Schedule a Ride:

Call to request more information about eligibility and fare prices.

### LEE-RUSSELL PUBLIC TRANSIT (LRPT)

#### Address:

2207 Gateway Drive  
Opelika, AL 36801-6834

#### Phone:

334-749-9092  
877-743-3739

#### Fax:

334-749-6582

#### Website:

www.lrcog.com

#### Transportation Hours:

Auburn/Opelika:  
Monday-Friday  
6 AM-6 PM CT  
Phenix City:  
Monday-Friday  
8 AM-4 PM ET

#### Areas Served:

Auburn, Opelika, and Phenix City

#### Services Provided:

Public Transportation for Lee and Russell Counties

### Rates:

Contact office for rate information

### To Schedule a Ride:

Call the office to schedule transportation appointments. Clients may schedule up to 1-2 weeks in advance for transportation; requests can be made no later than 24 hours prior to appointment. Transportation is provided on a first come, first serve basis.

### PHENIX CITY EXPRESS

#### Address:

2207 Gateway Drive  
Opelika, AL 36801-6834

#### Phone:

334-749-5264

#### Fax:

334-749-6582

#### Website:

www.lrcog.com/pex

#### Transportation Hours:

Monday-Friday:  
8 AM-4 PM ET

#### Area Served:

The City of Phenix City

#### Services Provided:

- Transportation along a fixed route within the Phenix City limits
- PEX also travels to Columbus, GA to drop off at the METRA stops

### Rates:

Contact office for rate information

### To Schedule a Ride:

Appointments are not required to ride PEX. Drivers do not make change; riders must carry exact fare.

### OLE RELIABLE TRANSPORTATION

#### Address:

1202 Preston Street  
Opelika, AL 36801

#### Phone:

334-707-4024

#### Area Served:

Auburn/Opelika area

#### Services Provided:

- Non-emergency transportation
- Certified for Medicaid and workman's comp

#### To Schedule a Ride:

Call to request more information about eligibility and fare prices.

### ROYAL TRANSPORTATION

#### Address:

1502 Harper Street  
Opelika, AL 36801

#### Phone:

334-737-8373

#### Area Served:

Auburn/Opelika area

#### Services Provided:

- Non-emergency medical transportation
- General transportation to various locations

#### To Schedule a Ride:

Call to request more information about eligibility and fare prices.

### VILLAGE FRIENDS (SENIOR NETWORK)

#### Phone:

334-209-4641

#### Email:

aovillageseniors@gmail.com

#### Website:

www.vfv-v.clubexpress.com

#### Area Served:

Auburn/Opelika area

#### Services Provided:

- Transportation for members

#### To Schedule a Ride:

Call to request more information about membership.

### VINES TRANSPORTATION

#### Address:

211 B Street S.W.  
LaFayette, AL 36862-2095  
[Mailing] P.O. Box 540  
LaFayette, AL 36862-0309

#### Phone:

334-864-0309  
334-234-1199

#### Fax:

334-864-8184

#### Area Served:

Lee County

#### Services Provided:

Ambulatory/non-emergency transportation

#### To Schedule a Ride:

Call to request more information about eligibility and fare prices.

# Vocational & Educational Resources

■ Our area is one of the fastest growing sections of Alabama and is considered one of the best places to live in the United States because of its high quality of life and an outstanding educational system with highly-regarded public and private schools, including a nationally-recognized University. Growing communities offer great job and volunteer opportunities.

## **ACHIEVEMENT CENTER-EASTER SEALS SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)**

**Address:**

2125 E South Boulevard  
Montgomery, AL 36116

**Phone:**

334-387-3257

**Website:**

[www.achievement-center.org](http://www.achievement-center.org)

**Area Served:**

Chambers, Clay, Coosa, Lee, Randolph, Russell, Talladega, and Tallapoosa Counties

**Services Provided:**

Temporary job training

**Eligibility:**

Seniors 55 or older, low income, and barriers to employment

## **ALABAMA CAREER CENTER SYSTEMS**

**Address:**

2300 Frederick Road  
Opelika, AL 36801

**Phone:**

334-749-5065  
1-800-361-4524

**Fax:**

334-749-5031

**Email:**

[opelika@alcc.alabama.gov](mailto:opelika@alcc.alabama.gov)

**Area Served:**

Chambers, Coosa, Lee, Macon, Russell, and Tallapoosa Counties

**Services Provided:**

- Job referral
- Job placement
- Testing and employment counseling
- Information and Referral
- Internet accessible computer resource center

**Eligibility:**

Open to anyone seeking employment

## **ALABAMA UNEMPLOYMENT COMPENSATION AGENCY**

**Phone:**

866-234-5382

**Email:**

[opelika@alcc.alabama.gov](mailto:opelika@alcc.alabama.gov)

*\*Alabama Unemployment Compensation Claims can be filed online or over the phone.*

## **AUBURN PUBLIC LIBRARY**

**Address:**

749 E. Thach Avenue  
Auburn, AL 36830

**Phone:**

334-501-3190

**Website:**

[www.auburnalabama.org/library](http://www.auburnalabama.org/library)

**Area Served:**

Residents of Auburn

**Services Provided:**

- Print books
- Videos and CDs
- Audio books
- Local and national newspapers
- Online magazines

## Vocational & Educational Resources

- Magazines
- Homework Help programs
- Adult and senior book clubs
- Volunteer programs
- Basic computer classes
- Spring and Fall book sales
- Alabama Virtual Library database

### Eligibility:

Resident of Auburn

### AUBURN UNIVERSITY DEPARTMENT OF COMMUNICATION DISORDERS SPEECH AND HEARING CLINIC

#### Address:

1199 Haley Center at Auburn University  
Auburn, AL 36849

#### Phone:

334-844-9600

#### Fax:

334-844-9684

#### Website:

[www.auburn.edu/speechandhearingclinic](http://www.auburn.edu/speechandhearingclinic)

#### Area Served:

East Alabama and West Georgia (within a 50 mile radius of Auburn)

#### Services Provided:

- Professional development training
- Programs for adult learners
- Summer camps for youths
- Community courses
- Conference administration

#### Application:

Call office or visit website for more information.

### CHATTAHOOCHEE VALLEY COMMUNITY COLLEGE

#### Address:

2602 College Drive  
Phenix City, AL 36869

#### Phone:

334-291-4900

#### Website:

[www.cv.edu](http://www.cv.edu)

#### Area Served:

Lee and Russell county area

#### Services Provided:

- Degree programs
- Training programs

#### Application:

Call office or visit website for more information.

### CIRCLES OF OPELIKA

#### Address:

2133 Executive Park Drive  
Opelika, AL 36801

#### Phone:

334-203-1860

#### Website:

[www.circlesopelika.org](http://www.circlesopelika.org)

#### Area Served:

Lee County

#### Services Provided:

- Financial education program for low income and impoverished families
- Group meets weekly; childcare provided

#### Application:

Call the office for more information and eligibility requirements.

### LEE COUNTY EXTENSION SYSTEM

#### Address:

600 S 7th Street, Suite 4  
Opelika, AL 36801

#### Phone:

334-749-3353

#### Website:

[www.aces.edu](http://www.aces.edu)

#### Area Served:

Lee County

#### Services Provided:

- Enrichment Classes
- Personal finance management and counseling

#### Application:

Contact office for more information.

### LEE COUNTY EMERGENCY MANAGEMENT AGENCY (EMA) OFFICE OF HOMELAND SECURITY

#### Address:

908 Avenue B  
Opelika, AL 36801  
[Mailing] 908 Avenue B  
Opelika, AL 36801

#### Phone:

334-749-8161

Emergency 24/7 number

334-275-6327

#### Fax:

334-749-6058

#### Website:

[www.leecoema.com](http://www.leecoema.com)

#### Area Served:

Lee County

#### Services Provided:

- Response and recovery to all natural disasters
- Provides training for citizens through CERT (Community Emergency Response Team) Program
- Training for first responders

### OPELIKA PUBLIC LIBRARY

#### Address:

1100 Glenn Street  
Opelika, AL 36801

#### Phone:

334-705-5380

#### Fax:

334-705-5381

#### Area Served:

Lee County

#### Services Provided:

- Computers and internet
- Print and electronic materials
- Computer Classes

#### Eligibility:

Open to public

### OSHER LIFELONG LEARNING INSTITUTE (OLLI) AT AUBURN UNIVERSITY

#### Address:

1031 South College Street  
Auburn University  
Auburn, AL 36849

#### Phone:

334-844-3102

334-844-3105

#### Website:

[www.auburn.edu/outreach/olliatauburn/](http://www.auburn.edu/outreach/olliatauburn/)

#### Area Served:

Greater Lee County and surrounding areas

#### Services Provided:

Non-credit education programs for older adults; Sunny Slope, Auburn Public library, Boykin Community Center and Center for Arts and Humanity at Pebble Hill

#### Application:

Contact the office for more information; limited scholarships available.

## Vocational & Educational Resources

### PHENIX CITY-RUSSELL COUNTY PUBLIC LIBRARY

**Address:**

1501 17th Avenue  
Phenix City, Alabama 36867

**Phone:**

334-297-1139

**Website:**

www.phenixcitylibrary.com

**Area Served:**

Phenix City and Russell County

**Services Provided:**

- Print and audio books
- DVDs
- Free Computer Classes
- Children’s Story Time-Wednesdays 10 AM
- Summer reading programs for all ages

### SOUTHERN UNION STATE COMMUNITY COLLEGE

**Address:**

301 Lake Condy Road  
Opelika, AL 36801

**Phone:**

334-745-6437

**Website:**

www.suscc.edu

**Area Served:**

Lee and Russell county area

**Services Provided:**

- Degree programs
- Training programs

**Application:**

Call office or visit website for more information.

### TROY UNIVERSITY PHENIX CITY

**Address:**

1510 Whitewater Avenue  
Phenix City, AL 36867

**Phone:**

800-414-5756

**Website:**

www.troy.edu/about-us/phenix-city-campus

**Area Served:**

Lee and Russell county area

**Services Provided:**

- Degree programs
- Training programs

**Application:**

Call office or visit website for more information.

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*Auburn Opelika Key Team*

# Counseling & Support

■ Mistreatment comes in many forms, including various types of abuse, neglect, exploitation and fraud. Abuse can occur anywhere. Elder abuse affects seniors of all socio-economic groups, cultures, and races. The Lee-Russell Council of Governments Area Agency On Aging provides information and can help direct you to the right resources if you or someone you know needs help.

## ALABAMA COUNCIL ON HUMAN RELATIONS

**Address:**

950 Shelton Mill Road  
Auburn, AL 36830

**Phone:**

334-821-8336

**Website:**

[www.achr.com](http://www.achr.com)

**Area Served:**

Residents in Lee and Russell Counties

**Services Provided:**

Lee County Only:

- Low-income energy assistance
- Weatherization

Lee & Russell County:

- Head Start and Early Head Start
- Child & Adult Care Food Program supporting at-home daycares

**Application:**

Call the office for more information on programs.

## AMERICAN CANCER SOCIETY

**Phone:**

800-227-2345

**Website:**

[www.cancer.org](http://www.cancer.org)

**Area Served:**

Statewide

**Services Provided:**

- Lodging and Transportation
- Emotional Support
- Financial Assistance
- Medical Information and more





**AUBURN POLICE DEPARTMENT****Address:**

161 North Ross Street  
Auburn, AL 36830

**Phone:**

334-501-3100 [Non-Emergency]  
334-501-3150 [House Check Request]  
911 [Emergency]

**Website:**

www.auburnalabama.org/ps

**Area Served:**

Auburn Residents

**Services Provided:**

- Public Safety
- Neighborhood Watch
- Security Surveys for homes, businesses, industries, executive offices, and banks
- Crime Prevention
- Safety Education

**CRISIS CENTER-RUSSELL COUNTY****Address:**

1018 13th Street  
Phenix City, AL 36867

**Phone:**

334-297-4401

**Area Served:**

Russell County

**Services Provided:**

- Personal advocacy, emotional support and safe housing for victims of domestic violence

**Application:**

Call the office for more information.

**DOMESTIC VIOLENCE INTERVENTION CENTER****Address:**

P.O. Box 2183  
Opelika, AL 36803

**Phone:**

334-749-9284 [Office]  
334-749-1515 [Crisis Hotline]

**Website:**

www.dviceastal.org

**Area Served:**

Chambers, Lee, Macon, Randolph, and Tallapoosa Counties

**Services Provided:**

- 24 hr. crisis line
- Emergency shelter
- Confidential counseling
- Referrals to needed services
- Support Groups
- Education and outreach

**Application:**

Contact the office for more information on services.

**INTEGREA COMMUNITY MENTAL HEALTH SYSTEM****Address:**

2506 Lambert Drive  
Opelika, AL 36801

**Phone:**

334-742-2700 [Office]  
334-742-2700 [Emergencies]  
800-815-0630 [Hotline]

**Website:**

www.integreahealth.org

**Area Served:**

Chambers, Russell, and Tallapoosa Counties

**Services Provided:**

- Outpatient treatment
- Day programs & residential programs for persons with mental illness or intellectual disabilities, Substance Abuse
- Family and Children's Services
- Inpatient and emergency services
- Intensive Treatment

**Application:**

Contact office for appointments or for more information.

**THE FAMILY CENTER: UNITED WAY COMMUNITY PARTNER****Address:**

1350 15th Avenue  
Columbus, GA 31901

**Phone:**

706-327-3238

**Website:**

www.thefamilyctr.org

**Area Served:**

Clients within a 50-mile radius of Columbus, GA

**Services Provided:**

- Information and Referrals
- Health and Welfare Counseling
- Marriage, Family, and Individual Counseling
- Group Counseling
- Consumer Credit Program
- "Big Brother/Big Sister" mentoring program
- Parenting Classes
- Anger Management Classes

**Application:**

Contact the office for more information on programs and eligibility requirements.

**JAN NEAL LAW FIRM, LLC****Address:**

207 North 4th Street  
Opelika, AL 36801

**Phone:**

334-745-2779  
800-270-7635

**Website:**

www.janneallaw.com

**Area Served:**

Lee and Russell Counties

**Services Provided:**

Wills, Trusts, and Estates  
Elder and Health law counseling  
Probates  
Power of Attorney  
Medicaid and Medicare planning  
Disability and special needs planning  
Guardianships/conservatorships  
Social Security assistance  
Caregiver legal advice

**Application:**

Persons 60+ years and older are provided legal assistance for case types specified by the Older Americans Act at no charge.

**LEE COUNTY DEPARTMENT OF HUMAN RESOURCES****Address:**

1715 Corporate Drive  
Opelika, AL 36801

**Phone:**

334-737-7778  
334-737-7871 [Front Desk]

**Area Served:**

Lee County

**Services Provided:**

- Food Stamp Program
- Child Support Program
- Family Preservation
- TANF [Temporary Assistance for Needy Families]
- Protective services for children and adults
- Foster Care/Adoptions
- Family Guidance Program [daycare assistance]

**Application:**

Contact office for more information and program eligibility.

## Counseling & Support

### LEE COUNTY SHERIFF'S DEPARTMENT

**Address:**

W.S. Jones Center  
1900 Frederick Road  
Opelika, AL 36801

**Phone:**

334-749-5651

**Website:**

www.leecountysheriff.org

**Area Served:**

Lee County

**Services Provided:**

- Public Safety

### LEE COUNTY EMERGENCY MANAGEMENT AGENCY (EMA) OFFICE OF HOMELAND SECURITY

**Address:**

908 Avenue B  
Opelika, AL 36801

**Phone:**

334-749-8161

**Fax:**

334-749-6058

**Website:**

www.leecoema.com

**Area Served:**

Lee County

**Services Provided:**

- Training for disaster preparedness
- Coordination for disaster recovery

### LEGAL SERVICES OF ALABAMA

**Address:**

2567 Fairlane Drive, Suite 200  
Montgomery, AL 36116

**Phone:**

866-456-4995

**Website:**

www.legalservicesalabama.org

www.legalhelp.org

**Area Served:**

Lee, Russell, Tallapoosa, Macon, and  
Chambers Counties

**Services Provided:**

Legal aid concerning:

- Housing
- Bankruptcy
- Consumer collections
- Spousal abuse
- Divorce
- Public benefits
- Unemployment compensation
- Food Stamps

- Social security

- SSI

**Eligibility:**

Services provided to low-income  
residents of Alabama; call for  
eligibility requirements

### OPELIKA POLICE DEPARTMENT

**Address:**

501 South 10th Street  
Opelika, AL 36801

**Phone:**

334-705-5250

**Website:**

www.opelika.org

**Area Served:**

Opelika residents

**Services Provided:**

- Public Safety
- Crime Prevention
- Safety Education Programs

### OPEN DOOR COMMUNITY HOUSE, INC.

**Director:**

Rev. Kim Jenkins

**Address:**

2405 2nd Avenue  
Columbus, GA 31901

**Phone:**

706-323-5518

**Website:**

www.odch.org

**Area Served:**

Phenix City, AL, and Columbus, GA

**Services Provided:**

- After school and summer children's  
program
- Virginia D Jackson Transition Home  
for Women
- Welcome Home
- Auditorium rentals
- Culinary Arts Training Program
- Circles in Columbus Educate and  
Empower

**Application:**

Call for more information/  
applications for services.

### PASTORAL INSTITUTE COUNSELING

**Address:**

2205 15th Avenue  
Columbus, GA 31901

**Phone:**

706-649-6500

**Website:**

www.pastoralinstitute.org

**Area Served:**

Lee, Russell, Macon and Chambers  
Counties

**Services Provided:**

- Counseling
- Clergy Services
- Life Coaching
- Testing for ADD/ADHD, Autism,  
Anxiety, Depression
- Employee Assistance

**Application:**

Contact the office for more  
information.

### PHENIX CITY POLICE DEPARTMENT

**Address:**

1111 Broad Street  
Phenix City, AL 36867

**Phone:**

334-298-0611

**Website:**

www.phenixcityal.us

**Area Served:**

City of Phenix City Jurisdiction

**Services Provided:**

- Crime Prevention
- Neighborhood Watch
- Safety Education
- Public Safety

### RAPE COUNSELORS OF EAST ALABAMA

**Address:**

6759 Lee Road 54 Suite B  
Auburn, AL 36830

**Phone:**

334-741-0707

334-705-0510 (Hotline)

**Website:**

www.rapecounselorsofeastalabama.com

**Area Served:**

Lee, Macon, Chambers, Russell, and  
Tallapoosa Counties

**Services Provided:**

- Medical Advocacy
- Legal Advocacy
- Crisis Intervention
- Information and referrals for  
resources

- Assistance with filing for the Alabama Crime Victim Compensation

**Application:**

Call for information.

**RUSSELL COUNTY DEPARTMENT OF HUMAN RESOURCES****Address:**

1901 Opelika Road  
Phenix City, AL 36867

**Phone:**

334-214-5780

**Fax:**

334-214-5814

**Website:**

www.dhr.alabama.gov

**Area Served:**

Russell County

**Services Provided:**

- Food Stamp Program
- Financial Assistance
- TANF (Temporary Assistance for Needy Families)
- Protective Services for Children and Adults
- Foster Care
- Adoption
- Daycare Assistance
- Homemaker Services
- Emergency Shelter Care
- Child Support Assistance

**Application:**

- No requirements for referrals or protection services.
- Programs subject to eligibility requirements and federal/state guidelines

**RUSSELL COUNTY SHERIFF'S DEPARTMENT****Address:**

305 Prentiss Drive  
Phenix City AL 36869

**Phone:**

334-298-6535

**Website:**

www.rcso.org

**Area Served:**

Russell County

**Services Provided:**

- Crime Prevention
- Neighborhood Watch

- Safety Education
- Public Safety

**RUSSELL COUNTY EMERGENCY MANAGEMENT AGENCY (EMA) OFFICE OF HOMELAND SECURITY****Address:**

311 Prentiss Drive  
Phenix City, AL 36869

**Phone:**

334-291-5079

**Fax:**

334-448-9178

**Website:**

www.rcema.us.gov

**Area Served:**

Russell County

**Services Provided:**

- Training for disaster preparedness
- Coordination for disaster recovery

**RUSSELL COUNTY EXTENSION****Address:**

508 14th Street  
Phenix City, AL 36867

**Phone:**

334-298-6845

**Website:**

www.aces.edu

**Area Served:**

Russell County

**Services Provided:**

- Enrichment classes
- Personal financial management and counseling
- 4-H
- Food Safety and Preservation
- Food Nutrition Classes
- Forestry and Wildlife
- Agriculture and Animal Science

**Application:**

Call the office for more information.

**VALLEY RESCUE MISSION****Address:**

2903 Second Avenue  
Columbus, GA 31904

**Phone:**

706-322-8267

**Website:**

www.valleyrescuemission.net

**Area Served:**

Residents of Phenix City and Columbus

**Counseling & Support****Services Provided:**

- Health and Welfare Counseling
- Food Assistance with DFACS referral
- Clothing
- Emergency Shelter
- Drug/Alcohol Recovery Program
- Summer camp for children ages 7-11

**Application:**

Call the office for more information.

**UNITED WAY OF THE CHATTAHOOCHEE VALLEY****Address:**

1005 Front Avenue  
Columbus, GA 31901

**Phone:**

706-327-3255

**Website:**

www.unitedcv.org

**Area Served:**

Russell County

**Services Provided:**

- Domestic violence counseling
- Food Assistance programs
- Education and literacy programs

**Application:**

Call the office for more information.

**UNITED WAY OF LEE COUNTY****Address:**

2133 Executive Park Drive  
Opelika, AL 36801

**Phone:**

334-745-5540

**Website:**

www.unitedwayoffleecounty.com

**Area Served:**

Lee County

**Services Provided:**

- Domestic violence counseling
- Food Assistance programs
- Education and literacy programs

**Application:**

Call the office for more information.

# Nutrition & Food Insecurity



■ There are many causes of food insecurity, especially in seniors on a fixed income. There are many organizations in the Lee-Russell County area that offer aid to help ensure access to enough food for an active, healthy life.

## **PUBLIC FOOD ASSISTANCE IN ALABAMA**

### **Supplemental Nutrition Assistance Program (SNAP):**

Formally known as the Food Stamp Program, SNAP offers nutrition assistance to eligible, low-income households, access to a healthy diet, education on food prep and provides economic benefits to communities. Recipients spend their benefits (provided on an electronic card that is used like an ATM card) to buy eligible food in authorized retail food stores. SNAP is the largest program in the domestic hunger safety net. The Food and Nutrition Service (FNS) works with State agencies, nutrition educators, and neighborhood and faith-based organizations to ensure that those eligible for nutrition assistance can make informed decisions about applying for the program and can access benefits. FNS also works with State partners and the retail community to improve program administration and ensure program integrity.

### **Alabama Elderly Simplified Application Project (AESAP):**

AESAP is designed to reinvent the Food Assistance Program application process for those households where all members are elderly (age 60 or older), and have no earned income. This project is a major outreach effort to a segment of our population facing barriers to participation in the Food Assistance Program due to complexity of the application process and problems associated with age, such as transportation, mobility and disability. It is designed to increase the efficiency of the Food Assistance Program and improve delivery of food assistance benefits to eligible households by improving program administration.

*\*To find out more about these programs, see the Lee and Russell County Department of Human Resources listings on the following page.*

## **AUBURN UNITED METHODIST CHURCH FOOD PANTRY**

### **Address:**

302 East Magnolia Avenue  
Auburn, AL 36830  
[Mailing] P.O. Box 3135  
Auburn, AL 36831

### **Phone:**

334-826-8800

### **Website:**

[www.aumc.net](http://www.aumc.net)

### **Area Served:**

Auburn area

### **Services Provided:**

- Food Pantry
- Clothing
- School supplies
- Reading supplies
- Christian Women's Job Corp

### **Application:**

Contact the office for more information and dates/times picking up food.

**FEEDING THE VALLEY, FOOD BANK****Contact:**

Steve Watson

**Address:**

6744 Flat Rock Road  
Midland, GA 31820  
[Mailing] P.O. Box 8904  
Columbus, GA 31908

**Phone:**

706-561-4755

**Fax:**

706-561-0896

**Website:**

[www.feedingthevalley.org](http://www.feedingthevalley.org)

**Area Served:**

Russell County and 17 counties in Georgia

**Services Provided:**

- Collect, store, and redistribute donated food and grocery products to members of non-profit organizations only who directly serve citizens in need.

**Application:**

Contact the office for more information.

**FOOD BANK OF EAST ALABAMA AND LEE COUNTY BROWN BAG PROGRAM FOR SENIORS****Address:**

355 Industry Drive  
Auburn, AL 36832

**Phone:**

334-821-9006

**Fax:**

334-821-4697

**Website:**

[www.foodbankofeastalabama.com](http://www.foodbankofeastalabama.com)

**Areas Served:**

Barbour, Chambers, Lee, Macon, Randolph, Russell, and Tallapoosa Counties

**Services Provided:**

The Food Bank is a centralized warehouse that stores and distributes donated and purchased perishable and nonperishable food items. The Brown Bag is a food program that provides monthly supplementary groceries for seniors 60 and older who live below the poverty level. More than 560 senior households are enrolled.

**Application:**

The Food Bank does not serve individuals directly. The Food Bank distributes food to 501C3 or equivalent organizations such as churches that have an outreach to the community.

**LAZARUS SOCIETY****Address:**

607 16th Street  
Phenix City, AL 36867

**Phone:**

334-298-8552

**Area Served:**

Lee and Russell County

**Services Provided:**

- Food and clothing assistance [clothing vouchers available to use at thrift store located next door]
- Prescription assistance

**Application:**

Call the office for more information on eligibility and the application process.

**LEE COUNTY DEPARTMENT OF HUMAN RESOURCES FOOD ASSISTANCE PROGRAM (SNAP)****Address:**

1715 Corporate Drive  
Opelika, AL 36801

**Phone:**

334-737-7871

334-737-7778

**Fax:**

334-737-1250

**Website:**

[www.dhr.alabama.gov](http://www.dhr.alabama.gov)

**Area Served:**

Lee County

**Services Provided:**

- Food Stamp Assistance
- Eligibility and Application:**
- Income and resources guideline requirements determined by USDA standards
  - Visit the website or call for more information.

**Nutrition & Food Insecurity****RUSSELL COUNTY DEPARTMENT OF HUMAN RESOURCES FOOD ASSISTANCE PROGRAM (SNAP)****Address:**

1901 Opelika Road  
Phenix City, AL 36867

**Phone:**

334-214-5780

**Fax:**

334-214-5811

**Website:**

[www.dhr.alabama.gov](http://www.dhr.alabama.gov)

**Area Served:**

Russell County

**Services Provided:**

- Food Stamp Assistance

**Eligibility and Application:**

- Income and resources guideline requirements determined by USDA standards
- Visit the website or call the office for more information.

**LAKEVIEW BAPTIST CHURCH****Address:**

1600 E. Glenn Avenue  
Auburn, AL 36830

**Phone:**

334-887-7094

**Fax:**

334-826-6512

**Website:**

[Lakeviewbaptist.org](http://Lakeviewbaptist.org)

**Area Served:**

Lee County

**Services Provided:**

- Food Assistance

**Application:**

Call the office for more information on eligibility and the application process.

**ST. VINCENT DE PAUL FOOD PANTRY ST. MICHAEL'S CATHOLIC CHURCH****Address:**

1100 N. College Street  
Auburn, AL 36830

**Phone:**

334-887-5540

**Website:**

[www.stmichaelsauburn.com](http://www.stmichaelsauburn.com)

**Area Served:**

Auburn, Opelika, and Tuskegee

## Nutrition & Food Insecurity

### Services Provided:

- Food and utility assistance
- Food assistance sign-up and distribution offered every Thursday from 9 AM-11 AM CT
- Utility Assistance-334-332-0305

### Application:

Call the office for more information on eligibility and the application process.

### SUMMERVILLE BAPTIST CHURCH

#### Address:

3500 Summerville Road  
Phenix City, AL 36867

#### Phone:

334-298-4416

#### Fax:

334-298-3266

#### Website:

www.summervillebc.com

#### Area Served:

Russell County

#### Services Provided:

- Food Assistance

#### Eligibility and Application:

- Only eligible every 3 months
- Must provide photo ID, and proof of residency for everyone in household

### THE CHILDREN AND FAMILY CONNECTION

#### Address:

910 13th Street  
Phenix City, AL 36867  
[Mailing] P.O. Box 2458  
Phenix City, AL 36868

#### Phone:

334-448-1010

#### Fax:

334-448-1066

#### Website:

www.childrenandfamilyconnection.com

#### Office Hours:

Monday and Thursdays  
9 AM-2 PM ET

#### Area Served:

Russell County

#### Services Provided:

- Onsite food pantry
- Various family programs
- Counseling services

- Medication assistance program
- Workforce Development Program

#### Eligibility and Application:

Call the office for more information about programs and eligibility.

### THE SALVATION ARMY- LEE COUNTY

#### Address:

1038 Opelika Road  
Auburn, AL 36830

#### Phone:

334-826-0073

256-496-3708

#### Fax:

334-502-8091

#### Facebook:

www.facebook.com/  
LeeCoSalvationArmy

#### Area Served:

Lee County, Macon and South  
Chambers Counties

#### Services Provided:

- Clothing
- Food Assistance (food pantry open Wednesday 10 AM-1 PM CT)

#### Eligibility and Application:

Expenses must exceed income; assistance is provided on an emergency basis.

### THE BRIDGE CHRISTIAN CENTER

#### Address:

1000 Lee Road 263  
Cusseta, AL 36852

#### Phone:

334-742-0144

#### Hours of Operation:

Every Tuesday  
9:30 AM-10:15 AM CT

#### Area Served:

Lee County and surrounding counties  
in Alabama

#### Services Provided:

- Food Pantry

### SMITHS STATION BAPTIST CHURCH

#### Address:

2460 Panther Pkwy.  
Smiths Station, AL 36877

#### Phone:

334-297-4932

#### Hours of Operation:

By appointment only

### Area Served:

Lee and Russell Counties and surrounding counties in Alabama

### Services Provided:

- Food Pantry
- Clothes Closet

### VALLEY RESCUE MISSION

#### Address:

2903 Second Avenue  
Columbus, GA 31904

#### Phone:

706-322-8267

#### Website:

www.valleyrescuemission.net

#### Area Served:

Residents of Phenix City and  
Columbus

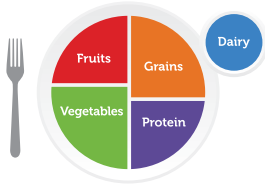
#### Services Provided:

- Health and Welfare Counseling
- Food Assistance with DFACS referral
- Clothing
- Emergency Shelter
- Drug/Alcohol Recovery Program
- Summer camp for children ages 7-11

#### Application:

Call the office for more information.

Start *simple*  
with MyPlate



## Eat Healthy on a Budget

Healthy eating is important at every age—and can be done on a budget. Eat a variety of fruits, vegetables, grains, protein foods, and dairy or fortified soy alternatives. When deciding what to eat or drink, choose options that are full of nutrients and limited in added sugars, saturated fat, and sodium. Start with these tips:



### Plan, plan, plan

Plan your meals for the week based on your food budget and make a grocery list that includes staples and perishables. Save money by buying only what you need.



### Compare similar products

Locate the “unit price” on the shelf sticker near the item price. Compare different brands and sizes for the best money-saving option.



### Stretch your food dollars

Add beans and canned or frozen vegetables to bulk up your meals and make your food dollars go farther. You will reap the benefits of extra fiber, vitamins, and nutrients while feeling full.



### Grow your own in your home

Grow herbs like basil and oregano inside your home for a fraction of the price. Small gardens can be grown on a windowsill or a kitchen counter.



### Buy in bulk

Save money by buying larger quantities of foods that store well like whole grains, canned or dried beans, and frozen vegetables. Don't overbuy foods that you will throw out later.



### Look for on-sale produce

Grocery stores rotate their sales and buying what is on sale is a great way to save money and get variety. Do the same with frozen and canned items.



Go to [MyPlate.gov](https://www.MyPlate.gov) for more information. USDA is an equal opportunity provider, employer, and lender.

**The benefits of healthy eating  
add up over time, bite by bite.**

FNS-905-23  
March 2022

# Assisted Living & Long Term Care

■ What is the best type of community for you or a senior loved one when remaining at home is no longer a choice? Assisted living and long term care facilities provide different levels of care and living arrangements for seniors and those with disabilities. Our region offers a wide selection of excellent assisted living and long term care communities for most needs.

## ARABELLA HEALTH AND WELLNESS

### Address:

3900 Lakewood Drive  
Phenix City, AL 36867

### Phone:

334-298-8247

### Fax:

334-298-1073

### Area Served:

Lee and Russell Counties as well as surrounding areas

### Services Provided:

- Skilled Nursing Services
- Restorative Therapy

### Eligibility and Application:

Receives Medicare, Medicaid, and private pay; call the office for more information about eligibility and the application process.

## ARBOR LAKE HEALTH AND REHAB CENTER AND THE RESIDENCES AT ARBOR LAKE

### Address:

1365 Gatewood Drive  
Auburn, AL 36830

### Phone:

334-826-7200

### Fax:

334-821-7239

### Website:

[www.traylorporterhealthcare.com/arbor-lake](http://www.traylorporterhealthcare.com/arbor-lake)

### Area Served:

The Auburn/Opelika area as well as surrounding areas

### Services Provided:

- Physical, Occupational, and Speech Therapy
- Stroke rehabilitation
- Wound treatment therapy
- Planned daily activities
- "Serenity Suite" for a resident's family members who are wishing to stay with a resident who is near the end of life

### Eligibility and Application:

Contact the office for more information on eligibility and application process.

## ARBOR SPRINGS HEALTH AND REHAB CENTER

### Address:

1910 Pepperell Parkway  
Opelika, AL 36801

### Phone:

334-749-1471

### Fax:

334-749-1828

### Website:

[www.arborspringshealth.com](http://www.arborspringshealth.com)

### Area Served:

Chambers, Lee, Macon, Russell, Tallapoosa Counties

### Services Provided:

- Long Term Skilled Nursing Care and Specialized Short Term Rehabilitation Care

- Registered Dietician
- Physical, Speech, and Occupational Therapy
- Social Services
- Daily Activities Schedule
- Physician, Podiatrist, and Optometrist Services
- Discharge Planning
- Barber/Beauty Shop
- Memory Care Unit
- Volunteer Opportunities

### Eligibility and Application:

Clients must meet the medical and financial criteria as stated and approved by state and federal guidelines. Call the office for more information.

## AUBURN ASSISTED LIVING

### Address:

350 Samford Village Court  
Auburn, AL 36830

### Phone:

334-246-0822

### Website:

[www.auburnassistedliving.com](http://www.auburnassistedliving.com)

### Area Served:

Lee County and surrounding areas

### Services Provided:

- Assisted Living
- Management On Call & Available 24/7
- Theatre
- Exercise and Therapy Room
- Nutritious Chef-Prepared Meals
- Medication Management
- Walking Paths
- Private and Shared Suite Options
- Wellness Programs
- Transportation
- Complimentary Cable TV and WiFi



**Eligibility and Application:**

Contact office for more information.

**AZALEA TRACE NURSING CENTER**

**Address:**

8329 Stevens Lane  
Columbus, GA 31909

**Phone:**

706-323-9513  
866-333-6002

**Fax:**

706-323-9355

**Area Served:**

Muscogee County

**Services Provided:**

- Skilled Long- and Short-Term Care
- Physical, Speech, and Occupational Therapy
- Social Services
- Daily Activities Calendar
- Special Diet Options
- Restorative Care

**Eligibility and Application:**

Clients must meet the medical and financial criteria as stated and

approved by state and federal guidelines. Call the office for more information.

**CANTERBURY HEALTHCARE FACILITY**

**Address:**

1720 Knowles Road  
Phenix City, AL 36869

**Phone:**

334-291-0485

**Fax:**

334-297-7412

**Website:**

www.canterbury-rehab.com

**Area Served:**

Lee, Russell, Macon, Muscogee and Chambers Counties, and surrounding areas

**Services Provided:**

- Long Term Care and Specialized Rehabilitation Services
- Physical, Occupational, and Speech Therapy
- Memory Care
- Hospice Care
- Activities For Residents

**Eligibility and Application:**

Clients must meet the medical and financial criteria as stated and approved by state and federal guidelines. Call the office for more information.

**THE HARBOR AT OPELIKA**

**Address:**

1001 Fox Run Parkway  
Opelika, AL 36801

**Phone:**

334-749-7992

**Fax:**

334-749-9943

**Website:**

www.harboropelika.net

**Area Served:**

Opelika and surrounding areas

**Services Provided:**

- Specialty Care Assisted Living; 1 bedroom and studio apartments
- Memory Care with Alzheimer's and dementia certified caregivers
- Daily Activities

HELPING YOU LIVE LIFE TO THE FULLEST.



Morningside of Auburn is a cozy assisted living community that offers the care you need and the charming, southern lifestyle you deserve. A single-floor design makes it easy to get around, and a full calendar of activities and events lets you be as active and involved as you'd like. Here, you're not just treated like family... you are family. Our dedicated, caring team members provide everyday support so you can live every day to the



871 Twin Forks Avenue  
Auburn, AL 36830  
(334) 887-1061

## Assisted Living & Long Term Care

- Transportation
- Housekeeping and Laundry Services

### Eligibility and Application:

Contact office for eligibility requirements and guidelines.

### LAKWOOD ASSISTED LIVING FACILITY

#### Address:

3020 Lee Road 430  
Smith's Station, AL 36877

#### Phone:

334-298-9002

#### Fax:

334-298-9481

#### Area Served:

Lee and Russell Counties as well as surrounding counties

#### Services Provided:

- Assisted Living
- Assistance with bathing, dressing, grooming, safety, and medication management

#### Eligibility and Application:

Contact office for more information.

### MORNINGSIDE OF AUBURN

#### Address:

871 Twin Forks Avenue  
Auburn, AL 36830

#### Phone:

334-887-1061

#### Website:

www.fivestarliving.com

#### Area Served:

Lee County and surrounding areas

#### Services Provided:

- 1–2-bedroom apartments
- Respite and short-term care
- Pet friendly
- Restaurant style dining room
- 24/7 medical care
- Assistance with Activities of Daily Living
- Transportation
- Housekeeping
- Daily Activities

#### Application:

Call the front office for a tour of the facility and for more information.

### PARKWOOD HEALTH CARE

#### Address:

3301 Stadium Drive  
Phenix City, AL 36867

#### Phone:

334-297-0237

#### Website:

www.crownehealthcare.com

#### Area Served:

Russell County and surrounding areas

#### Services Provided:

- Skilled Nursing
- Case management by a social worker
- Social support for resident family members
- Daily activities
- Physical, Occupational, and Speech Therapy
- Registered dietitian
- Continued staff training

#### Application:

Contact the office for more information on eligibility and application process.

### THE PHOENIX AT OPELIKA

#### Address:

1200 Willow View Drive  
Opelika, AL 36801

#### Phone:

334-319-9813

#### Website:

www.phoenixsriving.com/  
communities/the-phoenix-at-opelika/

#### Area Served:

Lee County and surrounding areas

#### Services Provided:

- Independent Living
- Memory Care
- Short Term Respite Care

#### Application:

Contact office for more information.

### SUMMER VILLAGE AT AZALEA PLACE—A SOMERBY COMMUNITY

#### Address:

1601 Professional Parkway  
Auburn, AL 36830

#### Phone:

334-501-0904  
334-740-3813

#### Fax:

334-501-0940

#### Website:

www.somerbyseiorliving.com

#### Area Served:

Lee County and surrounding areas

#### Services Provided:

- 1–2-bedroom cottages available for independent living
- Assisted living accommodations available for help with daily living
- Recreational and social activities
- Scheduled transportation and outings
- Housekeeping and laundry services
- Beauty/Barber shop

#### Eligibility and Application:

Call the office for more information on eligibility and application process.

### SUMMER VILLAGE AT CAMELLIA PLACE—A SOMERBY COMMUNITY

#### Address:

1171 Gatewood Drive. Building 206  
Auburn, AL 36830

#### Phone:

334-502-6008

#### Website:

www.somerbyseiorliving.com

#### Area Served:

Lee County and surrounding areas

#### Services Provided:

- Independent living apartments & assisted living accommodations
- Memory Care
- Scheduled transportation and outings
- Activities and recreational programs

#### Eligibility and Application:

Call the office for more information on eligibility and application process.

### SUMMER VILLAGE AT MAGNOLIA PLACE—A SOMERBY COMMUNITY

#### Address:

1553 Professional Parkway  
Auburn, AL 36830

## Assisted Living & Long Term Care

**Phone:**

334-826-9857

**Fax:**

334-826-9716

**Website:**

www.somerbyseiorliving.com

**Area Served:**

Lee County and surrounding areas

**Services Provided:**

- Studio and 1–2-bedroom units
- Units with kitchenettes are available
- Secure Memory Care
- Restaurant style dining room
- Housekeeping and Laundry services available
- Beauty/Barber Shop
- Pet friendly
- Daily activities
- Transportation
- RNs/LPNs available 24/7 to assist with medical needs

**Eligibility and Application:**

Call the office for more information on eligibility, criteria for living in the community, and the application process.



### Excellence In Skilled Nursing & Rehabilitation Services

Discover the serene beauty and restorative ambiance of Arbor Lake, a premier destination for skilled nursing and rehabilitation services. Our lakeside retreat is designed to offer a tranquil yet stimulating environment where health and wellness go hand in hand with nature's calming presence.



1365 Gatewood Drive • Auburn AL, 36830 • 334.826.7200  
 www.traylorporterhealthcare.com/self-health-rehab

## The Long-Term Care Ombudsman Program

Ombudsman programs are resident advocates!

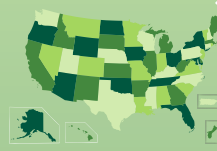
### What does the long-term care Ombudsman program do?

The Ombudsman program advocates for residents of nursing homes, and other similar adult care facilities. Ombudsman programs work to resolve problems individual residents face and affect change at the local, state, and national levels to improve the quality of life and care for all individuals receiving long-term care.

For more information, visit [ltombudsman.org/about/about-ombudsman](http://ltombudsman.org/about/about-ombudsman)

### The Ombudsman Program by the Numbers

#### The Ombudsman program is made up of:



**53** State Ombudsmen

**1,955** Full-time staff

**3,443** Volunteers trained to investigate and resolve complaints

### In 2023, the program:

#### Information and Assistance

Providing information on issues impacting residents, such as resident rights, and/or providing assistance to access services.

Provided information and assistance

**502,484 times**

to residents, family members, concerned individuals, etc.

**159,064 times**

to long-term care facility staff

Conducted **342,189**

visits to long-term care facilities

Provided **3,106**

training sessions for long-term care facility staff

Attended **1,271**

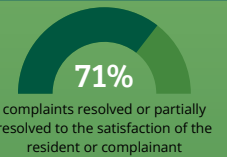
Family Council meetings

Attended **17,095**

Resident Council meetings

### Long-Term Care Ombudsman Programs are Dedicated to Solving Problems

The program worked to resolve **202,894** complaints initiated by residents, their families, and other concerned individuals



#### The three most frequent nursing facility complaints handled by Ombudsman program representatives:

- 1 Discharge or eviction
- 2 Response to requests for assistance
- 3 Physical abuse

#### The three most frequent residential care community (e.g., assisted living, board & care) complaints handled by Ombudsman program representatives:

- 1 Discharge or eviction
- 2 Medications
- 3 Food services

The statistics in this graphic are based on federal fiscal year (FFY) 2023 NORS Data (October 1, 2022 - September 30, 2023). For more information about the Long-Term Care Ombudsman Program, and volunteer opportunities, visit [ltombudsman.org](http://ltombudsman.org) or email [ombudcenter@theconsumerveoice.org](mailto:ombudcenter@theconsumerveoice.org).



# Senior Housing

■ Is it time to downsize, or is your current living arrangement proving too challenging? Senior housing may be the best choice for you. There are quite a few options in our area and the Lee-Russell Council of Governments Area Agency On Aging can help you find the best living arrangements based on your needs, income level, and location.



**ARBOR PLACE APARTMENTS****Address:**

515 Fox Run Parkway  
Opelika, AL 36801

**Phone:**

334-745-0565

**Area Served:**

Lee County

**Services Provided:**

- 1 bedroom apartments

**Eligibility:**

- Rent is based on monthly income; other medical/non-medical bills are considered when determining rent
- Tenant pays utility bills

**Application:**

Contact the office for more information about eligibility and the application process.

**ASHTON WAY APARTMENTS****Address:**

201 Samford Avenue  
Opelika, AL 36801

**Phone:**

334-741-8661

**Area Served:**

Residents of Lee County

**Services Provided:**

- Senior living

**Eligibility:**

- Must be 55 years old or older
- Rent includes garbage and pest control
- Accepts Section 8 housing choice vouchers

**Application:**

Contact the office for more information about eligibility and the application process.

**AUBURN HOUSING AUTHORITY****Address:**

931 Booker Street  
Auburn, AL 36832

**Phone:**

334-821-2262

**Website:**

[www.auburnhousingauth.org](http://www.auburnhousingauth.org)

**Area Served:**

Lee, Chambers and Randolph Counties

**Services Provided:**

- Public and Section 8 Housing

**Eligibility:**

Eligibility is determined by the AHA based on the total annual gross income and family size and is limited to US citizens and specified categories of non-citizens who have eligible immigration status.

**Application:**

Contact the office for more information on eligibility and guidelines for public housing.

**CROWNE CHASE APARTMENTS****Address:**

3150 Martin Luther King Parkway  
South Phenix City, AL 36869

**Phone:**

334-448-7400

**Area Served:**

Russell County and surrounding areas

**Services Provided:**

- 2–3-bedroom apartments
- Tenant pays electric and cable/phone bills

**Eligibility:**

Applicants must be 55 years old or older.

**Application:**

Contact the office for more information about eligibility and the application process.

**EASE HOUSE APARTMENTS****Address:**

1300 Commerce Drive  
Auburn, AL 36830

**Phone:**

334-826-3078

**Area Served:**

Lee County

**Services Provided:**

- Independent housing for seniors
- 1-2 bedroom apartments
- On-sight beauty/barber shop
- Laundry room
- Social activities calendar

**Eligibility:**

Clients must be 62 years old or older; rent can be no higher than 30% of gross monthly income.

**Application:**

Contact the office for more information about eligibility and the application process.

**EDMOND ESTATES****Address:**

1302 6th Place South  
Phenix City, AL 36869

**Phone:**

334-620-4061

**Website:**

[www.edmondestates.com](http://www.edmondestates.com)

**Area Served:**

Lee and Russell Counties

**Services Provided:**

- 1-2 Bedroom Apartments
- Income based as well as rent restricted
- Utility allowance given to residents

**Eligibility:**

Open to all ages

**Application:**

Contact the office for more information about eligibility and the application process.

**H. L. BLAKE APARTMENTS  
(Branch of the Phenix City  
Housing Authority)****Address:**

2000 20th Court  
Phenix City, AL 36867

**Phone:**

334-448-0685

**Area Served:**

Russell County and surrounding areas

**Services Provided:**

- 1-bedroom apartments
- Rent is determined by income; other medical/non-medical bills are considered when determining rent
- Tenants receive utility allowance for electricity and gas

**Application:**

Contact the office for more information about eligibility and the application process.

**GRACE POINT APARTMENTS****Address:**

700 Grace Ridge Drive  
Auburn, AL 36830

**Phone:**

334-329-7458

**Website:**

[www.thebennettgrp.net/properties/grace-pointe.com](http://www.thebennettgrp.net/properties/grace-pointe.com)

## Senior Housing

### Area Served:

Lee County

### Services Provided:

- 2-bedroom apartments
- Rent Restricted
- Pet Friendly

### Eligibility:

Applicants must be 55 years old or older

### Application:

Contact the office for more information about eligibility and the application process.

### MEADOW PARK

#### Address:

2620 Frederick Road  
Opelika, AL 36801

#### Phone:

334-745-3070

#### Area Served:

Lee County and surrounding areas

#### Services Provided:

- 1-2 bedroom apartments
- Tenant pays utilities
- Rent is based on monthly income
- Pet Friendly
- Residents must be 62 or older

#### Eligibility:

Application and security deposit required

#### Application:

Contact the office for more information about eligibility and the application process.

### MONARCH ESTATES

#### Address:

1550 University Drive  
Auburn, AL 36830

#### Phone:

334-605-8154

#### Website:

[www.holidaytouch.com/our-communities/monarch-estates](http://www.holidaytouch.com/our-communities/monarch-estates)

#### Area Served:

Southeast Alabama

#### Eligibility:

Private Pay

#### Application:

Contact the office for more information about eligibility and the application process.

### OPELIKA HOUSING AUTHORITY

#### Address:

1706 Toomer Street  
Opelika, Alabama 36801  
[Mailing] P.O. Box 786  
Opelika, AL 36803

#### Phone:

334-745-4171

#### Fax:

334-745-6783

#### Website:

[www.opelikaha.com](http://www.opelikaha.com)

#### Office Hours:

Monday-Friday  
8 AM-5 PM CT

#### Area Served:

Lee County

#### Services Provided:

- Public and Section 8 Housing

#### Eligibility:

Eligibility is determined by the AHA based on the total annual gross income and family size and is limited to US citizens and specified categories of non-citizens who have eligible immigration status.

#### Application:

Contact the office for more information about eligibility and the application process.

### OPEN DOOR COMMUNITY HOUSE

#### Address:

2405 Second Avenue  
Columbus, GA 31901

#### Phone:

706-323-5518

#### Fax:

706-327-7753

#### Website:

[www.opendoorcommunityhouse.org](http://www.opendoorcommunityhouse.org)

#### Area Served:

Phenix City, AL and Columbus, GA

#### Services Provided:

- Circles in Columbus (financial mentoring program)
- After school and summer programs for children
- Transition Home for Unaccompanied Women
- Culinary Arts Training
- Auditorium rentals

### Application:

Contact the office for more information about eligibility and the application process for programs.

### THE PHOENIX AT OPELIKA

#### Address:

1200 Willow View Drive  
Opelika, AL 36801

#### Phone:

334-319-9813

#### Website:

[www.phoenixsriving.com/communities/the-phoenix-at-opelika/](http://www.phoenixsriving.com/communities/the-phoenix-at-opelika/)

#### Area Served:

Lee County and surrounding areas

#### Services Provided:

- Independent Living
- Memory Care
- Short Term Respite Care

#### Application:

Contact office for more information.

### PHENIX CITY HOUSING AUTHORITY

#### Address:

200 16th Street  
Phenix City, AL 36867  
[Mailing] P.O. Box 338  
Phenix City, AL 36868

#### Phone:

334-644-9992

#### Fax:

334-664-9996

#### Office Hours:

Monday-Thursday  
8 AM-5 PM ET  
Friday  
8 AM-12 PM ET

#### Area Served:

Lee and Russell County

#### Services Provided:

- Public and Section 8 Housing

#### Eligibility:

Eligibility is determined by the AHA based on the total annual gross income and family size and is limited to US citizens and specified categories of non-citizens who have eligible immigration status.

#### Application:

Contact the office for more information about eligibility and the application process.



# The Residences

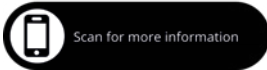
at Arbor Lake | A 55+ Community



Professionally  
Managed by



## READY TO WELCOME YOU HOME



- Beautiful Kitchen with New Appliances
- Updated Granite Countertops & LVP Wood Flooring
- Private Balcony
- Large Closets
- Community Living Area
- On-Site Pond
- Fishing
- Activities
- Optional Laundry Service\*
- Optional Housekeeping Service\*
- Optional Full Meal Service in Dining Room\*

\*Provided by a 3rd party service provider and subject to availability.

### Schedule a Tour

 334-521-7290

 [www.residencesatarborlake.com](http://www.residencesatarborlake.com)

 1365 Gatewood Dr, Auburn, AL

STUDIO, 1 & 2 BEDROOM  
FLOOR PLANS STARTING  
AT

**\$ 1300.000\***

\*Prices Subject to Change

## Senior Housing

### THE RESIDENCES AT ARBOR LAKE

**Address:**

1365 Gatewood Drive  
Auburn, AL 36830

**Phone:**

334-521-7290

**Website:**

www.residencesatarborlake.com

**Area Served:**

The Auburn/Opelika area as well as surrounding areas

**Services Provided:**

- Independent Living
- Studio and 1–2-bedroom apartments with full kitchen
- Social activities
- Pet Friendly
- On-site pond with fishing
- Optional laundry and housekeeping services
- Optional meal plans available

**Eligibility and Application:**

Contact the office for more information about eligibility and application process.

### ROSE GARDEN APARTMENTS

**Address:**

846 Lunsford Drive  
Auburn, AL 36832

**Phone:**

334-501-2020

**Area Served:**

Auburn/Opelika Areas

**Services Provided:**

- 1 bedroom apartments

**Eligibility:**

- Applicants must be 62 years old or older
- Rent is based on monthly income; other bills are considered when rent is determined.
- Tenant pays electricity bill

**Application:**

Contact the office for more information about eligibility and the application process.

### SHILOH APARTMENTS

**Address:**

1960 Shiloh Loop  
Opelika, AL 36801

**Phone:**

334-620-4061

**Area Served:**

Lee County

**Services Provided:**

- Rent restricted apartments

**Eligibility:**

Applicants must be 55 years old or older.

**Application:**

Contact the office for more information about eligibility and the application process.

### SOLSTICE APARTMENTS

**Address:**

1960 Solstice Circle  
Opelika, AL 36801

**Phone:**

334-749-7787

**Area Served:**

Auburn/Opelika area

**Services Provided:**

- 2-bedroom apartments
- Income restricted rent
- Tenant pays all utilities

**Eligibility:**

Applicants must be 55 years old or older.

**Application:**

Contact the office for more information about eligibility and the application process.

### STONEWOOD APARTMENTS

**Address:**

1213 28th Street  
Phenix City, AL 36869

**Phone:**

334-297-6994

**Area Served:**

Russell County and surrounding areas

**Services Provided:**

- 1 Bedroom apartments
- Rent is determined by income; other medical/non-medical bills are considered when determining rent.

**Application:**

Contact the office for more information about eligibility and application process.

### TIMOTHY MANOR APARTMENTS

**Address:**

2016 Waverly Parkway  
Opelika, AL 36801

**Phone:**

334-749-4400

**Area Served:**

Lee County

**Services Provided:**

- 1-bedroom apartments
- Section 8 Housing
- Rent is determined by monthly income; other medical/non-medical bills are considered when rent is determined
- Utilities included in rent

**Eligibility:**

Applicants must be 62 years old or older.

**Application:**

Contact the office for more information about eligibility and the application process.

### TUBMAN GARDEN APARTMENTS

**Address:**

1701 24th Street  
Phenix City, AL 36869

**Phone:**

334-297-3445

**Area Served:**

Russell County and surrounding areas

**Services Provided:**

- 1 Bedroom apartments
- Rent is determined by income; other medical/non-medical bills are considered when determining rent

**Eligibility:**

Applicants must be 62 years old or older or be disabled.

**Application:**

Contact the office for more information about eligibility and application process.



# Arts & Leisure



*Opposite page: Jule Collins  
Smith Museum*

*Right: Chewacla State Park*



■ Lee and Russell Counties are full of cultural and recreational opportunities from world-class museums to state parks! Here is just a small list of the hundreds of options available to residents and visitors to our area.

#### **ART HAUS**

**Address:**

500 N Railroad Avenue  
Opelika, AL 36801

**Website:**

[www.opelikaarthaus.com](http://www.opelikaarthaus.com)

#### **AUBURN AREA COMMUNITY THEATRE**

**Address:**

222 East Drake Avenue  
Auburn, AL 36830

**Phone:**

334-246-1084

**Website:**

[www.auburnact.org](http://www.auburnact.org)

#### **AUBURN UNIVERSITY RAPTOR CENTER**

**Address:**

1350 Pratt-Carden Drive  
Auburn, AL 36849

**Phone:**

334-844-6943

**Website:**

[www.vetmed.auburn.edu/raptor](http://www.vetmed.auburn.edu/raptor)

#### **AUBURN UNIVERSITY THEATRE**

**Address:**

211 Telfair B. Peet Theatre  
Auburn University, AL 36830

**Phone:**

334-844-4748

**Website:**

[www.cla.auburn.edu/theatre](http://www.cla.auburn.edu/theatre)

#### **CHEWACLA STATE PARK**

**Address:**

124 Shell Toomer Parkway  
Auburn, AL 36830

**Phone:**

334-887-5621

**Website:**

[www.alapark.com/parks/chewacla-state-park](http://www.alapark.com/parks/chewacla-state-park)

#### **COCA-COLA SPACE SCIENCE CENTER**

**Address:**

701 Front Ave  
Columbus, GA 31901

**Phone:**

706-649-1477

**Website:**

[www.ccssc.org](http://www.ccssc.org)

## Arts & Leisure

### COLUMBUS COLLECTIVE MUSEUMS

**Address:**  
3218 Hamilton Rd  
Columbus, GA 31904  
**Phone:**  
706-332-6378  
**Website:**  
www.columbuscollectivemuseums.com

### THE COLUMBUS MUSEUM

**Address:**  
1251 Wynnton Road  
Columbus, GA 31906  
**Phone:**  
706-48-2562  
**Website:**  
www.columbusmuseum.com

### DONALD E. DAVIS ARBORETUM

**Address:**  
181 Garden Drive  
Auburn, AL 36849  
**Phone:**  
334-844-5770  
**Website:**  
www.auburn.edu/cosam/arboretum

### IDLE HOUR PARK SPORTS COMPLEX

**Address:**  
900 Airport Road  
Phenix City, AL 36867  
**Phone:**  
334-291-4719  
**Website:**  
www.phenixcityal.us/parks-recreation/

### JAN DEMPSEY COMMUNITY ARTS CENTER

**Address:**  
222 E. Drake Ave  
Auburn, AL 36830  
**Phone:**  
334-501-2963  
**Website:**  
www.auburnalabama.org/parks/facilities/jan-dempsey-community-arts-center

### JAY AND SUSIE GOGUE PERFORMING ARTS CENTER

**Address:**  
910 S. College Street  
Auburn, AL 36849

**Phone:**  
334-844-8497  
**Website:**  
www.goguecenter.auburn.edu

### JULE COLLINS SMITH MUSEUM, AUBURN UNIVERSITY

**Address:**  
901 South College Street  
Auburn, AL 36830  
**Phone:**  
334-741-8661  
**Website:**  
www.jcsm.auburn.edu

### KIESEL PARK

**Address:**  
520 Chadwick Lane  
Auburn, AL 36832  
**Phone:**  
334-501-2930  
**Website:**  
www.auburnalabama.org/parks/facilities/kiesel-park

### KREHER PRESERVE AND NATURE CENTER

**Address:**  
2222 North College Street  
Auburn, AL 36830  
**Phone:**  
334-844-8091  
**Website:**  
kpnc.auburn.edu

### LOACHAPOKA HISTORIC DISTRICT

**Address:**  
6500 Stage Road  
Lochapoka, AL 36835  
**Phone:**  
334-887-3007  
**Website:**  
www.leecountyhistoricalsociety.org/buildings-exhibits

### MUSEUM OF EAST ALABAMA

**Address:**  
121 S. Ninth Street  
Opelika, AL 36801  
**Phone:**  
334-749-2751  
**Website:**  
www.eastalabama.org

### NATIONAL CIVIL WAR NAVAL MUSEUM

**Address:**  
1002 Victory Drive  
Columbus, GA 31901  
**Phone:**  
706-327-9798  
**Website:**  
www.portcolumbus.org

### THE NATIONAL INFANTRY MUSEUM

**Address:**  
1775 Legacy Way #235  
Columbus, GA 31903  
**Phone:**  
706-685-5800  
**Website:**  
www.nationalinfantrymuseum.org

### OPELIKA COMMUNITY THEATRE

**Address:**  
1220 Fox Run Avenue, Suite 216  
Opelika, AL 36801  
**Phone:**  
334-400-9660  
**Website:**  
www.opelikatheatrecompany.com

### OPELIKA NORTHSIDE HISTORIC DISTRICT

**Address:**  
8th St, 9th Street, Avenue A, & Railroad Avenue  
Opelika, AL 36801  
**Phone:**  
334-332-6966

### PEBBLE HILL

**Address:**  
101 Debardelaben Street  
Auburn, AL 36830  
**Phone:**  
334-844-4946

### PHENIX CITY AMPHITHEATER

**Address:**  
508 Dillingham St  
Phenix City, AL 36867  
**Phone:**  
334-291-4719  
**Website:**  
www.phenixcityal.us/venue/phenix-city-amphitheater/

## Arts &amp; Leisure

**THE PHENIX CITY RIVERWALK****Address:**

601 12th Street  
Phenix City, AL 36867

**Phone:**

334-448-2701

**Website:**

[www.phenixcityal.us/portfolio-items/phenix-city-riverwalk](http://www.phenixcityal.us/portfolio-items/phenix-city-riverwalk)

**RIVERCENTER FOR THE PERFORMING ARTS****Address:**

900 Broadway  
Columbus, GA 31901

**Phone:**

706-256-3612

**Website:**

<https://rivercenter.org>

**SPRINGER OPERA HOUSE****Address:**

103 East 10th Street  
Columbus, GA 31901

**Phone:**

706-327-3688

**Website:**

[www.springeroperahouse.org](http://www.springeroperahouse.org)

**SOUTHSIDE CENTER FOR THE ARTS****Address:**

1103 Glenn Street  
Opelika, AL 36801

**Phone:**

334-749-8105

**Website:**

[www.eastalabamaarts.org](http://www.eastalabamaarts.org)

**TIGER TRAIL OF AUBURN****Address:**

College St & W. Magnolia Avenue  
Auburn, AL 36830

**Phone:**

334-887-7011

**Website (Trailviewer):**

<https://webgis.auburnalabama.org/tigertrailviewer>

**TONY AND LIBBA RANE CULINARY SCIENCE CENTER****Address:**

205 S. College Street  
Auburn, AL 36830

**Website:**

[www.ranecenter.auburn.edu](http://www.ranecenter.auburn.edu)

**TOOMER'S CORNER****Address:**

100 N College Street  
Auburn, AL 36830

**Phone:**

334-887-3488

**Website:**

[www.toomers.com](http://www.toomers.com)

**TUSKEGEE AIRMEN NATIONAL HISTORIC SITE****Address:**

1616 Chappie James Avenue  
Tuskegee, AL 36083

**Phone:**

334-724-0922

**Website:**

<https://home.nps.gov/tuai/index.htm>

**WHITEWATER EXPRESS****Address:**

1000 Bay Avenue  
Columbus, GA 31901

**Phone:**

706-321-4720

**Website:**

[www.chattahoochee.whitewaterexpress.com](http://www.chattahoochee.whitewaterexpress.com)

*Tuskegee Airmen National Historic Site*



# Government Programs

■ Government programs are available for a variety of needs for seniors and individuals with disabilities. From veterans services to state and local programs, help is available.

## AUBURN CITY GOVERNMENT

**Address:**  
144 Tichenor Avenue, Suite 1  
Auburn, AL 36830  
**Phone:**  
334-501-7260  
**Website:**  
www.auburnalabama.org

## OPELIKA CITY GOVERNMENT

**Address:**  
204 South 7th Street  
Opelika, AL 36801  
**Phone:**  
334-705-5110  
**Website:**  
www.opelika-al.gov

## PHENIX CITY GOVERNMENT

**Address:**  
601 12th Street  
Phenix City, AL 36867  
**Phone:**  
334-448-2701  
**Website:**  
www.phenixcityal.us

## LEE COUNTY GOVERNMENT

**Address:**  
215 South 9th Street  
Opelika, AL, 36801  
**Phone:**  
334-737-3660  
**Website:**  
www.leeco.us

## RUSSELL COUNTY GOVERNMENT

**Address:**  
1000 Broad Street  
Phenix City AL, 36867  
**Phone:**  
334-298-6426  
**Website:**  
www.rcala.com

## ALABAMA DEPARTMENT OF SENIOR SERVICES (ADSS)

**Address:**  
201 Monroe Street  
RSA Tower, Suite 350  
Montgomery, AL 36130  
**Phone:**  
334-242-5743  
**Fax:**  
334-242-5595  
**Website:**  
www.alabamaageline.gov

### Area Served:

The State of Alabama

### Services Provided:

- Administration of the Older American's Act
- Allocation of funds to Area Agency on Aging for elderly and disabled services
- Advocacy and nursing home grievance solutions
- Planning, development, and coordination of authorized state and federal programs
- Information and referral to resources

### Eligibility:

Anyone 60+ years or disabled

### Application:

Contact your local office by calling 1-800-Age-Line or 334-749-5264.

## ALABAMA COOPERATIVE EXTENSION - LEE COUNTY

**Address:**  
600 S 7th Street, Suite 4  
Opelika, AL 36801  
**Phone:**  
334-749-3353  
**Website:**  
www.aces.edu/counties/lee

## ALABAMA COOPERATIVE EXTENSION - RUSSELL COUNTY

**Address:**  
508 14th Street  
Phenix City, AL 36867  
**Phone:**  
334-298-6845  
**Website:**  
www.aces.edu/counties/russell

## ALABAMA DEPARTMENT OF HUMAN RESOURCES

**Address:**  
50 N. Ripley St.  
Montgomery, AL 36130  
**Phone:**  
334-242-1310  
**Website:**  
www.dhr.alabama.gov

## ALABAMA DEPARTMENT OF HUMAN RESOURCES - LEE COUNTY

**Address:**  
1715 Corporate Drive  
Opelika, AL 36801  
**Phone:**  
334-737-7778  
**Website:**  
www.dhr.alabama.gov/county-office-contact



Lee County Courthouse

**ALABAMA DEPARTMENT OF HUMAN RESOURCES - RUSSELL COUNTY**

**Address:**  
1901 Opelika Road  
Phenix City, AL 36867  
**Phone:**  
334-214-5780  
**Website:**  
[www.dhr.alabama.gov/county-office-contact](http://www.dhr.alabama.gov/county-office-contact)

**ALABAMA DEPARTMENT OF INSURANCE**

**Address:**  
Consumer Division  
P. O. Box 303351  
Montgomery, AL 36130  
**Phone:**  
800-433-3966  
**Website:**  
[www.aldoi.gov](http://www.aldoi.gov)

**ALABAMA MEDICAID AGENCY**

**Address:**  
687 North Dean Road, Suite 300  
Auburn, AL 36830  
**Phone:**  
[District Office]  
334-466-0159  
**Website:**  
[www.medicaid.alabama.gov](http://www.medicaid.alabama.gov)  
**Email:**  
[wanda.welch@medicaid.alabama.gov](mailto:wanda.welch@medicaid.alabama.gov)  
**Office Hours:**  
Monday- Friday  
7:30 AM-4:30 PM CT  
**Area Served:**  
Chambers, Lee, Russell, Clay, Coosa,  
Macon, Talladega, Randolph,  
Tallapoosa, Bullock  
**Services Provided:**  
Benefits provided to low-income

persons and families; medical benefits provided to children, pregnant mothers and disabled adults.

**Application:**  
Patients must meet financial requirements.

**ALABAMA DEPARTMENT OF PUBLIC HEALTH**

**Address:**  
RSA Tower  
201 Monroe Street  
Montgomery, AL 36104  
**Phone:**  
334-206-5300  
800-252-1818  
**Website:**  
[www.alabamapublichealth.com](http://www.alabamapublichealth.com)

## Government Programs

### EMERGENCY MANAGEMENT AGENCY - LEE COUNTY

**Address:**  
908 Avenue B  
Opelika, AL 36801  
**Phone:**  
334-749-8161  
**Website:**  
www.leecoema.com

### EMERGENCY MANAGEMENT AGENCY - RUSSELL COUNTY

**Address:**  
311 Prentiss Drive  
Phenix City, AL 36868  
**Phone:**  
334-291-5079  
**Website:**  
www.rcema.us

### FEMA

**Address:**  
500 C Street S.W.  
Washington, D.C. 20472  
**Phone:**  
800-621-FEMA (3362)  
TDD: TTY dial 800-462-7585  
**Website:**  
www.fema.gov

### LEGAL SERVICES OF ALABAMA

**Address:**  
2567 Fairlane Drive Suite 200  
Montgomery, AL 36116  
**Phone:**  
866-456-4995  
**Website:**  
www.legalhelp.org  
**Area Served:**  
Lee, Russell, Tallapoosa, Macon, and  
Chambers counties  
**Services Provided:**

- Housing
- Bankruptcy
- Consumer collections
- Spousal abuse
- Divorce
- Public benefits
- Unemployment compensation
- Food stamps
- Social security
- Social Security disability [SSI]

### Eligibility:

Services provided to low-income residents of Alabama; call for eligibility requirements.

### CENTERS FOR MEDICARE AND MEDICAID SERVICES

**Address:**  
7500 Security Blvd.  
Baltimore, MD 21244  
**Phone:**  
800-633-4227  
**Website:**  
www.cms.gov

### MEDICARE FRAUD HOTLINE

**Phone:**  
800-633-4227

### MEDICARE

**Phone:**  
800-633-4227  
TTY 877-486-2048  
**Website:**  
www.medicare.gov

### SOCIAL SECURITY ADMINISTRATION

**Phone:**  
800-772-1213  
TTY 800-325-0778  
**Website:**  
www.ssa.gov

### SOCIAL SECURITY - AUBURN OFFICE

**Address:**  
2454 East University Drive  
Auburn, AL 36830  
**Phone:**  
1-877-512-3857  
**Website:**  
www.ssa.gov  
**Area Served:**  
Chambers, Lee, Macon, and Russell  
Counties  
**Services Provided:**

- Information and referrals
- Counseling services for Social Security benefits
- Supplemental Security Insurance benefits
- Medicare benefits
- Retirement benefits
- Survivor benefits

### Application:

Contact the office for information about program eligibility.

### USDA RURAL DEVELOPMENT

**Address:**  
1327 Franklin Road, Suite B  
Tuskegee, AL 36083  
**Phone:**  
334-725-3321  
**Website:**  
www.rurdev.usda.gov

### Area Served:

Bullock, Chambers, Coosa, Elmore, Lee, Macon, Montgomery, Russell, and Tallapoosa Counties

### Services Provided:

- Providing financing to very low- and moderate-income applicants to purchase, or make repairs

### Eligibility:

Anyone residing or desiring to reside in the counties in the service area. Applicants must have satisfactory credit and meet income guidelines.

### Application:

Contact office for fees and for more information about application.

### VETERANS AFFAIRS HOTLINE

**Phone:**  
855-948-2311  
**Services Provided:**  
Non-clinical, non-emergency around the clock call center; provides veterans a supplemental option to report issues if they are not being addressed through VA's normal customer service channels.

### DISABLED AMERICAN VETERANS (DAV)

**Lee County Address:**  
PO Box 995  
Opelika, AL 36803  
**Phone:**  
334-332-8791  
**Russell County Address:**  
PO Box 219  
Phenix City, AL 36867  
**Phone:**  
334-448-2454

## Government Programs

### ALABAMA DEPARTMENT OF VETERANS AFFAIRS

**Address:**  
100 N. Union St., 850  
Montgomery, AL 36104  
**Phone:**  
334-242-5077  
**Website:**  
www.va.alabama.gov

### VA MEDICAL CENTER MONTGOMERY

**Address:**  
215 Perry Hill Rd.  
Montgomery, AL 36109  
**Phone:**  
334-272-4670  
800-214-8387  
**Website:**  
www.va.gov/central-alabama-health-care

### UNITED WAY PRIORITY VETERANS

**Phone:**  
866-460-3827  
**Website:**  
www.priorityveterans.org/services-for-veterans

### VETERANS AFFAIRS - LEE COUNTY OFFICE

**Address:**  
205 10th Street  
Opelika, AL 36801  
[Mailing] P.O. Box 2388  
Opelika, AL 3803  
**Phone:**  
334-737-3626  
334-745-9781  
**Website:**  
www.va.alabama.gov

**Area Served:**  
Lee and Chambers Counties

#### Services Provided:

- Help with filing for compensation and pensions for veterans, widows, and children
- Filing for VA insurance
- Foot marker and burial allowance
- Education and on-the-job training
- Benefits counseling

### VETERANS AFFAIRS - RUSSELL COUNTY

**Address:**  
1000 Broad Street  
Phenix City, AL 36967  
[Mailing] P.O. Box 1633  
Phenix City, AL 36867  
**Phone:**  
334-298-7767  
**Fax:**  
334-298-7297  
**Website:**  
www.va.alabama.gov

**Area Served:**  
Barbour, Macon, and Russell Counties

#### Services Provided:

- Help with filing for compensation and pensions for veterans, widows, and children
- Filing for VA insurance
- Foot marker and burial allowance
- Education and on-the-job training
- Benefits counseling

Auburn Fire Station 1





Opelika Sportsplex & Aquatics Center

# Recreation & Volunteer Agencies

■ Exercise and socialization are important parts of being a healthy senior. Lee and Russell Counties have many facilities and programs designed to provide seniors and individuals with disabilities with those opportunities.

## AUBURN PARKS AND RECREATION DEPARTMENT

**Address:**

425 Perry Street  
Auburn, AL 36830

**Phone:**

334-501-2930

**Fax:**

334-501-2960

**Website:**

[www.auburnalabama.org/parks](http://www.auburnalabama.org/parks)

**Area Served:**

Auburn

**Services Provided:**

- Monthly day trips with varying costs
- Classes specifically geared towards seniors
- Activities and Programs such as BINGO, Lunch Club, Book Club
- Monthly social events

**Application:**

Fees vary. Contact the office for more information.

## FOSTER GRANDPARENTS PROGRAM

**Address:**

1300 Commerce Drive  
Auburn, AL 36830

**Phone:**

334-826-6514  
1-800-520-0099

**Fax:**

334-826-6468

**Website:**

[www.ease-inc.org/fgp.com](http://www.ease-inc.org/fgp.com)

**Areas Served:**

Lee and Russell County

**Services Provided:**

Seniors volunteer 20 hours per week in schools, daycares, head start centers, mentoring special needs children. Volunteers receive a stipend reimbursement.

**Application:**

Contact the office for more information.

## OPELIKA ADULT ACTIVITY CENTER OPELIKA SPORTSPLEX

**Address:**

101 Andrews Road  
Opelika, AL 36801  
[Mailing] P.O. Box 1026  
Opelika, AL 36801

**Phone:**

334-705-2493

**Fax:**

334-705-5569

**Website:**

[www.opelikasportsplex.com](http://www.opelikasportsplex.com)

**Area Served:**

Lee County and surrounding areas

**Services Provided:**

Activities and programs for senior adults age 62 and older

**Application:**

Membership fees submitted to the Opelika Sports PLEX

## PHENIX CITY PARKS AND RECREATION DEPARTMENT

**Address:**

1500 Airport Road  
Phenix City, AL 36867

**Phone:**

334-291-4719

**Website:**

[www.phenixcityal.us](http://www.phenixcityal.us)

**Area Served:**

Phenix City

**Services Provided:**

Facilities cater to all ages through various activities provided throughout the year.

**Application:**

Fees vary depending on the programs or events; contact the office for more information.



## AUBURN PARKS AND RECREATION

# ADULTS 50+

### Programs Include

- + Field Trips
- + Yoga
- + Zumba Gold
- + Tai Chi
- + Zumba Gold Chair
- + Card Club
- + Crafty Crew
- + Moving Nights
- + Food For Thought
- + Breakfast And Speaker
- + Music Lessons
- + Silver Sneakers
- + Memory Classes
- + And More!



*No Membership Fees!*

334-501-2930 | HARRIS CENTER | 425 PERRY ST, AUBURN

[AUBURNAL.MYREC.COM](http://AUBURNAL.MYREC.COM)

ADULTS 50+ PROGRAM REGISTRATION CAN BE MADE ONLINE AT [AUBURNAL.MYREC.COM](http://AUBURNAL.MYREC.COM)

■ There are a large number of medical agencies and healthcare facilities in Lee and Russell Counties. If you are in need of healthcare assistance, the Lee-Russell Council of Governments Area Agency on Aging is here to help you find the services you need.

# Healthcare Agencies



**ALABAMA MEDICAID AGENCY****Address:**

687 North Dean Road, Suite 300  
Auburn, AL 36830

**Phone:**

[District Office]  
334-466-0159

**Website:**

www.medicaid.alabama.gov

**Area Served:**

Chambers, Lee, Russell, Clay, Coosa,  
Macon, Talladega, Randolph,  
Tallapoosa and Bullock Counties

**Services Provided:**

Benefits provided to low-income  
persons and families; medical  
benefits provided to children,  
pregnant women, parents, seniors,  
and individuals with disabilities.

**Application:**

Patients must meet financial  
requirements.

**AUBURN MEDICAL PAVILION****Address:**

900 Camp Auburn Road  
Auburn, AL 36832

**Phone:**

334-364-3000

**Website:**

www.eamc.org

**Area Served:**

Greater Lee County

**Services Provided:**

- East Alabama Medical Center  
Freestanding Emergency  
Department
- Pharmacy
- Outpatient Imaging
- East Alabama Ambulatory Surgery  
Center
- Breast Health Center

**CENTER FOR VEIN RESTORATION****Address:**

107 North 24th Street  
Opelika, AL 36801

**Phone:**

800-349-5347

**Website:**

www.centerforvein.com

**Area Served:**

Lee County and Surrounding Area

**Services Provided:**

- Varicose Veins

- Spider Veins
- Swollen Ankles
- Heaviness
- Tired Legs
- Itching or Burning
- Skin Color Change
- Leg Cramps

**DAVITA KIDNEY CARE- OPELIKA DIALYSIS****Address:**

2340 Pepperell Parkway  
Opelika, AL 36801

**Phone:**

334-745-6883

**Website:**

www.DaVita.com

**Area Served:**

Lee County and Surrounding Area

**Services Provided:**

- Dialysis

**Eligibility:**

Call office for more information on  
program eligibility

**EAST ALABAMA MEDICAL CENTER****Address:**

2000 Pepperell Parkway  
Opelika, AL 36801

**Phone:**

334-749-3411

**Financial Assistance Phone:**

334-528-1275

**Website:**

www.eamc.org

**Area Served:**

Greater Lee County

**Services Provided:**

- Cancer Care
- Diabetes & Nutrition
- Diagnostic Imaging & Testing
- Emergency Care
- Endoscopy
- Mental Health Services
- Pediatric Care
- Women's Health Care
- Pain Management
- Specialty Medicine

**LEE COUNTY HEALTH DEPARTMENT****Address:**

1801 Corporate Drive  
Opelika, AL 36801

**Phone:**

334-745-5765

**Website:**

www.adph.org/lee

**Area Served:**

Lee County

**Services Provided:**

- Home Health Visits
- Immunizations
- Birth, death, marriage, and divorce  
certificates
- Health inspection/food sanitation
- Family Planning
- STD/STI testing and treatment
- WIC Program
- Disease Intervention Specialist

**Application:**

Call the office for more information  
about program requirements and  
eligibility.

**RUSSELL COUNTY HEALTH DEPARTMENT****Address:**

1850 Crawford Road  
Phenix City, AL 36867

**Phone:**

334-297-0251

**Website:**

www.adph.org/russell

**Area Served:**

Russell County

**Services Provided:**

- Family Planning
- WIC Program
- Environmental health/food  
sanitation
- Birth, death, marriage, and divorce  
records
- STD/STI testing and treatment
- Immunizations for children/  
adolescents under the age of 18

**Application:**

Call the office for more information  
about program requirements and  
eligibility.

**MERCY MEDICAL CLINIC - AUBURN****Address:**

1702 Catherine Court, Suite 1A  
Auburn, AL 36830

**Phone:**

334-501-1081

**Fax:**

334-501-1083

**Website:**

Mercymedicalauburn.org

## Healthcare Agencies

**Area Served:**

Lee County and Surrounding Areas

**Services Provided:**

- Primary Medicine
- Patient Assistance

**Application:**

- Medicaid only and uninsured patients
- Proof of income required for certain services

**JACK HUGHSTON MEMORIAL HOSPITAL**

**Address:**

4401 Riverchase Drive  
Phenix City, AL 36867

**Phone:**

334-732-3000

**Website:**

www.hughston.com/jhmh

**Area Served:**

Phenix City and Surrounding Area

**Services Provided:**

- Orthopedic medicine and surgery
- Physical therapy
- Diagnostic imaging and testing
- Laboratory services
- 24-hour Emergency Room

**J.W. DARDEN WELLNESS CENTER**

**Address:**

1323 Auburn Street  
Opelika, AL 36801

**Phone:**

334-528-1438

**Website/Social:**

www.facebook.com/dardenwc

**Office Hours:**

Wednesday  
9 AM-12 PM CT

**Area Served:**

Lee County and Surrounding Area

**Services Provided:**

- Health Screening
- Blood Pressure and Blood Sugar Screening
- Medication Monitoring

- Diabetic Counseling
- Weight Management

- Weight Management

**Eligibility:**

Accepts both insured and uninsured

**MERCY MEDICAL OF COLUMBUS, SECOND AVENUE**

**Address:**

3702 2nd Avenue  
Columbus, GA 31904

**Phone:**

706-507-9209

**Fax:**

706-507-9249

**Website:**

Mercymedcolumbus.com

**Office Hours:**

Monday, Tuesday, Thursday  
8:30 AM-5 PM ET  
Wednesday  
8:30 AM-12 PM ET  
Friday  
7:30-3 PM ET



**Get the family caregiving support you need, when you need it.**

**Your caregiving journey can be challenging in all kinds of ways.**

At AARP Family Caregiving, we're here to help you get answers, connect with other family caregivers and find local resources close to home. So you can take care of what matters most.

To learn more, visit [aarp.org/caregiving](http://aarp.org/caregiving).

/alabama.aarp @aarpal



## Healthcare Agencies

**Area Served:**

Columbus and Surrounding Area

**Services Provided:**

- Adult & Pediatric Medicine
- Dental
- Vision
- Diagnostic Imaging
- Physical Therapy
- OB/GYN care
- Mental Health Services
- HIV/AIDS Care
- Family and Individual Counseling
- Health and Disease Management

**Eligibility:**

Accepts insured and uninsured (with proof of income)

**MERCY MEDICAL OF COLUMBUS, MISSION LOCATION**

**Address:**

3679 Steam Mill Road  
Columbus, GA 31906

**Phone:**

706-507-4687

**Fax:**

706-507-4698

**Website:**

mercymedcolumbus.com

**Office Hours:**

Monday, Tuesday, Thursday

8:30-5 PM ET

Wednesday, Friday

8:30 AM-12 PM ET

**Area Served:**

Columbus and Surrounding Area

**Services Provided:**

- Adult Medicine
- Vision

**Eligibility:**

Accepts insured and uninsured (with proof of income)

**REGIONAL REHABILITATION HOSPITAL**

**Address:**

3715 US Highway 280-431 N.  
Phenix City, AL 36867

**Phone:**

334-732-2200

866-858-7976

**Fax:**

334-732-2121

334-732-2202

**Website:**

www.regionalrehabhospital.com

**Area Served:**

Phenix City and Surrounding Area

**Services Provided:**

Rehabilitation for:

- Arthritis
- Amputation
- Bowel & Bladder surgery
- Brain Injury
- Burns
- Hip Fractures
- Joint Replacement
- Neurological Disorders
- Pain Management
- Spinal Cord Injury
- Stroke
- Wound Care



# Center for Vein Restoration

## ARE YOU SUFFERING FROM ANY OF THESE LEG SYMPTOMS?

- Varicose Veins
- Spider Veins
- Swollen Ankles
- Heaviness
- Tired Legs
- Itching or Burning
- Skin Color Change
- Leg Cramps



## WE CAN HELP!



SCAN TO SCHEDULE!

SCHEDULE YOUR APPOINTMENT TODAY!

**800-FIX-LEGS**



**Michael L. Aikens**  
MD



**OPELIKA, AL**

107 North 24th Street  
Opelika, AL 36801

[www.centerforvein.com](http://www.centerforvein.com)

f @ in d y

# Special Resources

■ Seniors and individuals with disabilities can require a variety of special needs and requirements either ongoing or short-term. Lee and Russell Counties take pride in the abundant resources available to service those needs.

## Counseling

### ALCOHOLICS ANONYMOUS

Phone: 334-745-8405

### AUBURN FAMILY THERAPY

Phone: 334-821-3631

### GOOD SHEPHERD COUNSELING

Phone: 334-821-3631

### RAPE COUNSELORS OF EAST ALABAMA

Phone: 334-741-0707

### SAFE HARBOR WOMEN'S CENTER

Phone: 334-745-8405

### AUBURN UNIVERSITY STUDENT COUNSELING SERVICES

Phone: 334-844-51235

### THE PASTORAL CARE & COUNSELING CENTER

Phone: 334-501-7829

### VICTORIOUS CHRISTIAN LIVING

Phone: 334-705-0710

## Family Planning

### ALABAMA BAPTIST MATERNITY CARE

Phone: 205-945-0037

### LIFELINE CHILDREN'S SERVICES

Phone:

Pregnancy Help: 1.800.875.5595

Fostering Help: 205-967-0811

Adoption Help: 205-967-0811

## Prayer Lines

### PRAYER LINE

Phone: 866-349-3300

### SILENT UNITY

Phone: 800-669-7729

### NEW HOPE

Phone: 714-639-4673

### GUIDEPOST PRAYER FELLOWSHIP

Phone: 800-204-3772

## Pre-Planning and Funerals

### FREDERICK-DEAN FUNERAL HOME AND CREMATORY

Address:

1801 Frederick Road, Suite A

Opelika, AL 36801

Phone:

334-745-4667

Website:

www.frederickdean.com

Area Served:

Lee and Russell County area

Services Provided:

- Pre-planning
- Funeral and related services
- Cremation Services
- Memorial Services

## Special Needs

### INTEGREA COMMUNITY MENTAL HEALTH SYSTEM

Address:

2506 Lambert Drive

Opelika, AL 36801

Phone:

Office: 334-742-2700

Hotline: 800-815-0630

Website:

www.integreahealth.org

Area Served:

Chambers, Lee, Russell, and

Tallapoosa Counties

Services Provided:

- Outpatient treatment
- Day programs and residential programs for persons with mental illness or intellectual disabilities

Application:

Contact office for more information.

### AUBURN UNIVERSITY DEPARTMENT OF COMMUNICATION DISORDERS: SPEECH AND HEARING CLINIC

Address:

425 Heisman Drive

1199 Haley Center

Auburn, AL 36849

Phone:

334-844-9613

334-844-9600

Website:

www.auburn.edu/opce

Area Served:

East Alabama and West Georgia [within a 50-mile radius of Auburn]

Services Provided:

- Professional development training
- Programs for adult learners
- Summer resident youth camps
- Community courses
- Conference administration

Eligibility and Application:

- May serve any age group
- Based on length and time of program

**AIDB- ALABAMA INDUSTRIES FOR THE BLIND**

**Address:**

P.O. Box 698  
Talladega, AL 35161

**Phone:**

800-801-9032

**Website:**

www.akteaktevy.biz/aidbsul\_2022

**Area Served:**

State of Alabama

**Services Provided:**

Retail Office Supplies

**THE EAGLES PROGRAM AT AUBURN UNIVERSITY**

**Services Provided:**

As a CTP, Auburn University is able to offer federal student aid to eligible EAGLES students through:

- Federal Pell Grants
- Federal Work Study
- Federal Supplemental Education Opportunity Grants

**Population Served:**

Students with intellectual disabilities aged 18-26

**EXCEPTIONAL FOUNDATION OF EAST ALABAMA**

**Address:**

1171 Gatewood Drive, Suite 101  
Auburn, AL 36830

**Phone:**

334-329-7773

**Website:**

www.efofea.org

**Area Served:**

Lee and Russell County Area

**Services Provided:**

- Educational activities
- Recreational activities
- Creative art expression
- Age-appropriate field trips

**Eligibility and Application:**

Individuals with intellectual and developmental disabilities that are no longer served in the school system

**REACH COMMUNITY RESPITE**

**Address:**

137 South Gay Street  
Auburn, AL 36830

**Phone:**

334-826-8800

**Website:**

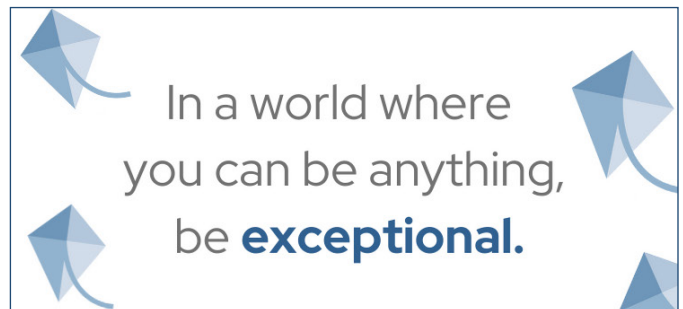
www.aumc.net/ministries/reach/

**Area Served:**

Lee and Russell County Area

**Services Provided:**

- Dementia support and respite



The Exceptional Foundation of East Alabama is a 501(c)(3) nonprofit that was created to provide a safe and engaging place for individuals with intellectual and developmental disabilities. Founded by 4 moms of children with special needs, the goal of EFEA is to enhance the quality of life for this beautiful, yet underserved population as they age out of the school system. Located in Auburn, AL, EFEA endeavors to provide social and recreational activities through engaging and inspiring programming designed to promote healthy living, support and foster community involvement. By doing so, we enrich the well-being of families by offering a healthy, safe and professional environment where their loved ones will be supported and, most importantly, validated. Established in 2016, The Exceptional Foundation of East Alabama currently hosts participants from 7 counties in Alabama and Georgia. For more information or to schedule a tour, please contact us.



Come to EFEA and be **blessed.**





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of Alabama

Medicare that's focused on **YOU**

**You're one-of-a-kind.**



## Your Medicare experience should be one-of-a-kind too.

Our all-in-one Blue Advantage<sup>®</sup> (PPO) plans can help you save money and stay healthy with access to **over 90% of doctors and 100% of hospitals** statewide.

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- FlexCard for **gym membership**<sup>1</sup>
- Over-the-Counter **allowance**<sup>1,2</sup>
- Preventive and comprehensive **dental allowance**
- **No referral required** for doctors, specialists or hospitals

**Blue Advantage**  
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**Get personalized help from advisors you can trust.**



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Call 1-855-267-7166 (TTY 711)\* or visit [BCBSALMedicare.com/Blue](https://BCBSALMedicare.com/Blue)**

\*We are available Monday – Friday, 8 a.m. – 8 p.m. CST. From October 1 through December 7, the hours of operation are Monday – Sunday, 8 a.m. – 8 p.m. CST. You may be required to leave a message for calls made after hours, weekends and holidays. Calls will be returned the next business day. Blue Advantage is a PPO with a Medicare contract. Enrollment in Blue Advantage (PPO) depends on contract renewal. Blue Advantage (PPO) is provided by Blue Cross and Blue Shield of Alabama, an independent licensee of the Blue Cross and Blue Shield Association.

<sup>1</sup> The Alabama FlexCard Mastercard<sup>®</sup> Prepaid Card is issued by Stride Bank, N.A., Member FDIC, pursuant to license by Mastercard International.

<sup>2</sup> Blue Advantage PREMIER only.

Benefits and provider network listed are good through December 31, 2024.

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